

# C'mon

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Barbara Lowe (UK) - February 2008

**Musique:** Send It On - Sean Paul : (CD: The Trinity)



**Or Music:** Damn Girl by Justin Timberlake

**R walk forward ,rock and cross ,L walk forward rock and cross**

- 1-2 walk forward right left
- 3&4 rock right to right side ,recover weight onto left ,cross right over left
- 5-6 walk forward left right
- 7&8 rock left to left side ,recover weight onto right ,cross left over right

**shuffle back right left ,trafic light 1/4 turn left**

- 1&2 step back on right, close left next to right, step back on right
- 3&4 step back on left ,close right next to left ,step back on left
- 5&6 jump forward both feet together (red)jump forward both feet slightly apart (amber)
- 7&8 jump forward both feet more apart (green)jump forward turning 1/4 left

**shuffle forward right left skate 4x 1/8**

- 1&2 Step forward on right close left next to left, step forward right
- 3&4 step forward on left ,close right next to left ,step forward on left
- 5&6 skate 1/8 right on right foot,skate 1/8 on left foot
- 7&8 skate 1/8 right on right foot,skate 1/8 on left foot

**shuffle forward right left 4 knee pops L,R,L,R**

- 1&2 Step forward on right close left next to left, step forward right
- 3&4 step forward on left ,close right next to left ,step forward on left
- 5-6 pop left knee in to meet right knee, pop right knee forward
- 7-8 pop left knee in to meet right knee, pop right knee forward

**start again**

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