

She Danced

Compte: 48

Mur: 4

Niveau: Intermediate



Chorégraphe: Cato Larsen (NOR) - February 2008

Musique: When She Started to Dance - Tony Carey : (CD: The Long Road)

Intro: Start the dance at vocals after 24 counts. (12 seconds)

Motion: Rise & Fall (Waltz)

Basic 1/2 turn, Basic Waltz back. 12:00

- 1 Step forward on left (1).
- 2,3 Pivot ½ turn left Stepping back on right (2), Step small step back on left (3). 6:00
- 4,5,6 Step back on right (4), Step back on left (5), Step right next to left (6).

Step, 1/4 turn & Hitch, Twinkle right. 6:00

- 1,2,3 Step forward on left (1), Hitch right knee as you turn ¼ turn left (2,3). 3:00
- 4,5 Step right across and in front of left (4), Step left diagonally forward left (5). 1:30
- 6 Step right diagonally forward right (6). 4:30

Cross, 1/4 turn, 1/2 turn (pivot turns), Step, Slow 1/2 turn.

- 1 Step left across and in front of right (1). 4:30
- 2 Pivot 3/8 turn left (Square off towards 12:00) Stepping back on right (2). 12:00
- 3 Pivot ½ turn left Stepping forward on left (3). 6:00
- 4,5,6 Step forward on right (4), Pivot (swivel) ½ turn left (5,6). 12:00

Lunge, Recover, 1/2 Pivot turn, Lunge, Recover, 1/2 Pencil Spin.

- 1,2,3 Lunge forward on right foot (1), Hold (2), Rock (recover) back again onto left (3). 12:00
- 4 Pivot ½ turn right Stepping forward on right (4). 6:00
- 5,6 Pivot ½ turn right Spinning around on ball of right foot while keeping left foot beside right 12:00

Lunge, Recover, 1/2 Pivot turn, Lunge, Recover, Full Pencil Spin.

- 1,2,3 Lunge forward on left foot (1), Hold (2), Rock (recover) back again onto right (3). 12:00
- 4 Pivot ½ turn left Stepping forward on left (4). 6:00
- 5,6 Pivot full turn right Spinning around on ball of right foot while keeping left foot beside right 6:00

Hesitated Twinkle, Weave.

- 1 Step right diagonally forward across of left (1). 4:30
- 2,3 Step left to left side (2), Hold and slowly lift right foot up from the floor (3). 6:00
- 4,5 Step down on right to the right side (4), Step left across of right (5). 7:30
- 6 Step right to the right side (6). 6:00

Diagonal Steps with 1/4 turn, Step, Cross behind, 1/4 turn & Cross behind.

- 1 Turn body diagonal left and Step left behind right (1). 4:30
- 2 Step right diagonal back right (2). 4:30
- 3 Pivot ¼ turn left Stepping forward on left (3). 1:30
- 4 Step right diagonal forward right (4). 1:30
- 5 Step left behind right (5). 1:30
- 6 Pivot ¼ turn left Stepping right behind left (6). 10:30

Side & Slide, Rolling Vine.

- 1 Straight up towards 9:00 and Step left long step to left side (1). 9:00
- 2,3 Slide right to Touch beside left (2,3).

- 4 Pivot $\frac{1}{4}$ turn right Stepping forward on right (4). 12:00
- 5 Pivot $\frac{1}{2}$ turn right Stepping back on left (5). 6:00
- 6 Pivot $\frac{1}{4}$ turn right Stepping right to the right side (6). 9:00

Begin again.

Tag: Danced after wall 3.

Box Step $\frac{1}{4}$ turn, Box Step $\frac{1}{4}$ turn.

- 1,2 Step forward on left (1), Pivot $\frac{1}{4}$ turn left Stepping right to right side (2).
- 3,4 Step left foot back (3), Step right foot back (4).
- 5,6 Pivot $\frac{1}{4}$ turn left Stepping left to left side (5), Step forward on right (6).

Note:

I have intentionally omitted a second tag.

This is because it comes pretty late in the song, and we feel that to do this as simple as possible, we didn't need it. Most of my students didn't even noticed. But feel free to put it back in if you want this to perfectly phrased!
