

Friendly Advice

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Angela Rushing (USA) - February 2008

Musique: Open Arms - Tina Turner : (CD: Simply the Best)



Dance starts: 33 count intro (start on the words "Asking me no")

MAKE ½ TURN, SIDE, CROSS, SIDE, CROSS, KICK 2X

- 1-2 Step right foot forward, making ½ turn to the left
- 3-4 Step right foot to right side, cross left over right to side
- 5-6 Repeat 3&4
- 7-8 kick right foot forward twice

WALK BACK 2X, ¼ TURN, ¼ TURN, STEP BACK, TOUCH

- 1-2 Walk back right foot twice - right, left
- 3-4 Step right foot forward, making ¼ turn to the left
- 5-6 Repeat 3&4
- 7-8 Step back right foot, touch left foot next to right

STEP FWD, SCUFF, (turning ¼ left), GRAPEVINE, KICK BALL CHANGE

- 1-2 Step left foot forward, scuff with right foot, turning ¼ left
- 3-6 Step right foot to side, step left foot behind right, step right foot to side
- 7-8 kick right forward, step ball of right beside left, change weight to left

BACK TOE STRUTS 2X, SHUFFLE FORWARD

- 1-2-6 Step back right foot forward, step down on right heel
- 3-4 Step back left foot forward, step down on left heel
- 5-6 Shuffle right foot forward - right, left, right
- 7-8 Shuffle left foot forward - left, right, left

MAKE ¼ TURN, ¼ TURN, STEP, KICK

- 1-2 Step right foot, making ¼ turn to the left
- 3-4 Repeat 1&2
- 5-6 Step right foot forward, kick left foot forward
- 7-8 Step left foot forward, Kick right foot forward

COASTER STEPS 2X (R-L) SWAY 4X (R-L)

- 1-2 Step back on Right foot, step Left back next to right, step forward on Right
- 3-4 Step back on Left foot, step Right back next to Left, step forward on Left
- 5-6 Sway hips to right, sway hips to left
- 7-8 Repeat 5&6

Repeat counts 1-48 enjoy dancing and have fun!