

# Heart Beats (P)

Compte: 64

Mur: 0

Niveau: Partner

Chorégraphe: Pim Humphrey (UK) - February 2008

Musique: My Heart Skips a Beat - Dwight Yoakam : (CD: Dwight Sings Buck)



(20 count intro)

Start facing line of dance lady's left hand in mans right, mirror image, mans steps listed lady on opposite foot.

**Rumba Box, Back Rock Step hold, Step lock Step hold.**

- 1 - 4 Step side left, step right by left, step forward left, hold
- 5 - 8 Step side right, step left by right, step back right, hold
- 1 - 4 Step back on left, recover weight on right, step forward on left, hold
- 5 - 8 Step forward on right, lock left behind right, step forward on right, hold.

**Half Turn Step Hold, Step Lock Step hold, Half Turn Step Hold, Hip Bumps Hold  
(release hands)**

- 1 - 4 Step forward on left, pivot  $\frac{1}{2}$  turn right, step forward on left, hold
- (rejoin hands)**
- 5 - 8 Step forward on right, lock left behind right, step forward on right, hold
- (release hands)**
- 1 - 4 Step forward on left, pivot  $\frac{1}{2}$  turn right, step forward on left, hold
- (rejoin hands)**
- 5 - 8 Bump hips right, left, right. Hold.

**Turn  $\frac{1}{4}$ , Weave, Turn  $\frac{1}{4}$  Hold**

- 1 Turn  $\frac{1}{4}$  right on left foot (to face partner hold both hands)
- 2 - 4 Step right behind left, step side left, step right in front of left
- 5 - 8 Step side left, step right behind left, turn  $\frac{1}{4}$  left on left (to face LOD release gents left & lady's right hands), hold.

**Touch heel hold, Toe hold, Step Lock Step hold, X2**

- 1 - 4 Touch right heel forward hold, touch right toe back hold
- 5 - 8 Step forward on right, lock left behind right, step forward on right, hold
- 1 - 4 Touch left heel forward, hold, touch left toe back, hold,
- 5 - 8 Step forward on Left, lock right behind left, step forward on left, hold.

**Rock Step Back hold, Back Rock Touch, hold**

- 1 - 4 Step forward on right, recover weight on left, step back right hold
  - 5 - 8 Step back on left, recover weight on right, touch left by right, hold
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