

Do You

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Nancy Morgan (USA) - January 2008

Musique: Paul McCartney - Scissor Sisters : (CD: Ta -Dah)

Also:

Unchain My Heart by Joe Cocker, Ultimate Collection

Respect Yourself by Aaron Neville Featuring Mavis Staples, CD: Bring It On Home...The Soul Classics

CROSS, STEP, SAILOR SHUFFLE, CROSS, STEP, STEP BEHIND, TOUCH OUT TO SIDE

1-2 Cross right foot over left, step left to left side

3&4 Sailor shuffle - cross right behind left, step left to left side, step right forward

5-6-7-8 Cross left over right, step right to right side, cross left behind right, touch right toes out to right side

CROSS, TOUCH, CROSS, MONTEREY, STEP FORWARD

1-2 Cross right over left, touch left out to left side

3-4 Cross left over right, touch right out to right side

5-6 Swinging right foot behind you so that you turn $\frac{1}{2}$ turn to your right as you set your right foot down next to your left, touch left foot out to left side

7-8 Cross left over right, step right forward

STEP BACK $\frac{1}{4}$ TURN TO RIGHT, STEP FORWARD $\frac{1}{4}$ TURN TO RIGHT, SHUFFLE FORWARD, JAZZ BOX

1-2 Step left back as you turn $\frac{1}{4}$ turn to your right, step right forward $\frac{1}{4}$ turn to right

3&4 Shuffle forward - left, right, left

5-6-7-8 Cross right over left, step left back, step right to right side, step left forward

HIP ROLLS $\frac{1}{4}$ TURN TO LEFT, WALK, WALK, SIDE ROCK

1-2-3-4 Step right forward as you roll your hips counter to the right 2 times while turning $\frac{1}{4}$ turn to left

5-6 Walk forward right, left

7-8 Side rock - rock right foot to right side and recover to left

Begin again.
