

Rhythm Cha

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Helena Jeppsson (SWE) - January 2008

Musique: La Bomba - Ricky Martin



Also:

I Need To Know by Marc Anthony (116 bpm)

I've Got You by Marc Anthony (104 bpm)

Side, rock step, side shuffle, rock step, side shuffle with ¼ turn L

- 1, 2, 3 Step left foot to left side, rock back on right foot, recover weight onto left
- 4&5 Step right foot to right side, step left next to right, step right to right side
- 6,7 Rock fwd on left foot, recover weight back onto right foot
- 8& Step left foot to left side, step right foot next to left
- 1 Make a ¼ turn to left step fwd on left foot

Point, step fwd x2, rock step, back shuffle

- 2,3 Point right toe to right side, step fwd on right foot
- 4,5 Point left toe to left side, step fwd on left foot
- 6,7 Rock fwd on right foot, recover weight back onto left foot
- 8&1 Step back on right foot, step left next to right, step back on right foot

Rock step, fwd shuffle, ¼ turn L, cross shuffle

- 2,3 Rock back on left foot, recover weight onto right
- 4&5 Step fwd on left foot, step right next to left, step fwd on left foot
- 6,7 Step fwd on right foot, make a ¼ turn to left
- 8&1 Cross right foot in front of left, step left to left side, cross right in front of left

Rock step, weave, rock step, together

- 2,3 Rock left foot fwd on the diagonal (4.30), recover weight back onto right
- 4&5 Step left foot behind right, step right to right side, cross left foot in front of right
- 6,7 Rock fwd on right foot on the diagonal (7.30), recover weight back onto left
- 8 Step right foot next to left foot

Begin again.
