

# One Woman Man

**Compte:** 64

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Kevin Smith (AUS) & Maria Smith (AUS) - November 2007

**Musique:** One Woman Man - Josh Turner



## **RIGHT HEEL, LEFT HEEL, RIGHT HEEL, HOLD, REPEAT**

- 1&2&3-4 Right heel forward, step right next left, left heel forward, step left next right, right heel forward, hold
- & Step right next to left
- 5&6&7-8 Left heel forward, step left next right, right heel forward, step right next left, left heel forward, hold

## **STEP DRAG, ROCK BACK, STEP DRAG, ROCK BACK**

- 1-2-3-4 Big step left step left, drag right to left, rock back right, take weight left
- 5-6-7-8 Big step right step right, drag left to right, rock back left, take weight right

## **SIDE SHUFFLE, ROCK BACK, FORWARD, SIDE SHUFFLE, ½ TURN**

- 1&2-3-4 Side shuffle left stepping left, right, left, rock back right, take weight left
- 5&6-7-8 Side shuffle right stepping right, left, right ½ turn left step left to side, touch right next left

## **RIGHT KICK BALL CHANGE TWICE, PIVOT ½ TURN, STEP FORWARD, TOUCH**

- 1&2-3&4 Right kick ball change twice
- 5-6-7-8 Step forward right, ½ pivot turn left, step forward right, touch left next right

**Both restarts here changing counts 7-8 to step forward right, step forward left**

## **LEFT KICK BALL CHANGE TWICE, PIVOT ½ TURN, STEP TOUCH**

- 1&2-3-4 L Left kick ball change twice
- 5-6-7-8 S Step forward left, ½ pivot turn right, step forward left, touch right next left

## **KICK FORWARD, SIDE, SAILOR STEP, KICK LEFT FORWARD, SIDE, ¼ TURN SAILOR STEP**

- 1-2&3&4 Kick right forward, to the side, right sailor step right, left, right
- 5-6-7&8 Kick left forward, to the side, left sailor ¼ turn left, left, right, left

## **STEP FORWARD, ½ PIVOT TURN, CROSS, TOUCH, STEP, TOUCH, BEHIND SLAP, TOUCH**

- 1-2-3-4 Step forward right, ½ pivot turn left, cross right over left, touch left to side
- 5-6-7-8 Step left forward, touch right to side, bring right foot up behind left knee and slap, touch right to side

## **ROCK FORWARD, BACK, ½ TURN SHUFFLE FORWARD, ¼ TURN HIP, HIP, BEHIND & CROSS, STEP FORWARD**

- 1-2-3&4 Rock forward right, take weight left, ½ turn right shuffle forward right, left, right
- 5-6 ¼ turn right step left to side (pushing hip to side) push right hip to right
- 7&8 Step left behind right, step right to side, step forward left

**Begin again.**

## **RESTART**

**Restart after 32 counts on walls 2 and 4**

## **ENDING**

**Finish dance to front on kick left forward, side, on the spot.**