

Release

Compte: 40

Mur: 2

Niveau: Beginner

Chorégraphe: Kim Thompson (UK) - August 2007

Musique: Release (feat. Justin Timberlake) - Timbaland



Intro: 32 counts.

WALK R, HOLD, WALK L, HOLD, X2

- 1 - 2 Walk forwards on R, Hold
- 3 - 4 Walk forwards on L, Hold
- 5 - 6 Walk forwards on R, Hold
- 7 - 8 Walk forwards on L, Hold

****OPTIONAL MOVE- Pull shoulders back on each step****

SLOW CHASSE R WITH L TOUCH, HITCH & POINT L X2

- 1 - 2 Step R to R side, Step L besides R
- 3 - 4 Step R to R side, Touch L besides R
- 5 - 6 Hitch L knee in front of R, Point L to L side
- 7 - 8 Hitch L knee in front of R, Point L to L side

SLOW CHASSE L WITH R TOUCH, HITCH & POINT R X2

- 1 - 2 Step L to L side, Step R besides L
- 3 - 4 Step L to L side, Touch R besides L
- 5 - 6 Hitch R knee in front of L, Point R to R side
- 7 - 8 Hitch R knee in front of L, Point R to R side

JAZZ BOX ¼ R X2

- 1 - 2 Cross R over L, Step back L
- 3 - 4 Make a ¼ stepping R to R side, Step L besides R
- 5 - 6 Cross R over L, Step back L
- 7 - 8 Make a ¼ stepping R to R side, Step L besides R

R SIDE TOGETHER,

- 1 - 2 Large step R to R side, Step L besides R
- 3&4 Kick forwards on the R, Step slightly back on R, L
- 5 - 6 Step forwards R, Pivot ½ over L shoulder
- 7 - 8 Step forwards R, Pivot ½ over L shoulder

Begin again.
