

# Sha La La

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Max Perry (USA) - September 2007

Musique: Sha La La La (Make Me Happy) - Al Green : (CD: Make Me Happy Greatest Hits)



Or Music: L.O.V.E. by Al Green "Greatest Hits"

## A: Sugar Push with Kick Ball Change

1,2 Step R forward, Step L forward  
3&4 Step R up to L (3rd position), Step L in place, Step back  
5&6 Step L back, Step R next to L, Step L forward (coaster step)

**Note: You may also dance an "anchor" step instead of the coaster step**

7&8 Kick R forward, Rock R back with ball of foot, Step L in place

## B: 1/4 Pivot Turn, Crossing Shuffle, Weave Left

1,2 Step R forward & turn 1/4 left, Step L in place  
3&4 Cross R in front of L, Step L to left side, Cross R over L  
5,6,7 Step L to left side, Cross R behind L, Step L to left side,  
8 Cross R over L

## C: Side Rock, Turning Sailor Shuffle, Forward & Back Rock Steps

1,2 Rock Step L to left side, Step R in place (recover)  
3 & 4 Cross L behind R, Step R in place, Step L in place

**(turn 1/4 left over these 3 steps)**

5,6 Rock R forward, Step L in place (recover)  
7,8 Rock R back, Step L in place (recover)

## D: 1/2 Pivot Turn, 1/4 Pivot Turn, Syncopated Touches

1,2 Step R forward & turn 1/2 left, Step L in place  
3,4 Step R forward & turn 1/4 left, Step L in place  
5& Touch R forward & across L, Step R next to L  
6& Touch L forward & across R, Step L next to R  
7& Touch R forward, Step R next to L  
8& Touch L forward, Step L next to R

Begin again