

# The Drunken Sailor

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Caroliners - November 2007

Musique: Drunken Sailor - The Irish Rovers



**Intro – Through 8 counts (Drumbeat) Wait 4 /Then Do the Matrix Lean from L to R for 4 counts)**

**(1–4) SAILOR STEPS and CLAP X 3**

- 1-3 Step R behind L .Step out sideways L to L –Replace weight sideways step R
- 4 Clap Hands
- 5-8 Repeat counts 1-4 – with L
- 9-12 Repeat 1-4 with R

**(Note - Later when sailor steps are better known maybe do 2 faster sailors 9-12 R /L ( 9&10.11&12)  
But you will then spring heel R.L.R.L backwards ball change L back to walk F/W on R ( &17.18.19. etc )**

**(13-16) SPRING HEEL DIGS TRAVELLING BACKWARDS x 4**

- 13 Spring heel dig L foot out to front – (Hands on hips) travel back a bit
- 14 Spring Heel dig R foot out to front
- 15. 16 Repeat 13/14

**(17-24) WALK FORWARD x 3 AND KICK – WALK BACK 2 and L COASTER STEP**

- 17-20 3 Walks F/W R.L.R Kick the L - bring arms up from sides in front of body
- 21-24 2 Walks back L.R. and step back L join R by side of L Step F/W L

**(25-32) ¼ TURNING JAZZ BOX to R .WITH STOMPS 'MATRIX LEAN' ½ CIRCLE FROM L to R**

- 25-28 Cross R over L Step directly back on L making ¼ turn to R stomp R to R stomp L to L

**( legs at least shoulder wide apart)**

- 29-32 Bounce upper body round in ½ circle backwards from L to R ( from waist up) hands on hips

Begin again.

**OPTIONAL FINISH - Dance ends last wall on 3 o'clock**

**Dance counts 1-8 then turn last R foot sailor and clap ¼ to left to face 12 o'clock (9-12)**

**(13-16) Do L foot jazz box finish stomp feet together bring arms up for last chord of music.(17)**

**Notes:**

**This could be a fun 'mixer idea' danced with counts 17 – 20 holding hands with people next to you and bringing arms up together.**

**For a funky floor split alternative try' Rock this Party'/'Ain't Got No Money' dance tracks**

**(or any other steady 4/4 disco beat)You can swap the kick (count 20 for a funky dig F/W with R)and could use 4 shoulder isolations R L R L or hip bumps R L R L (swap counts 29-32))**

**A dance to HELP teach Sailor Steps.**