

# One Moment

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Maria Hennings Hunt (UK) - November 2007

**Musique:** Un Momnto Alla - Rick Trevino



**Start on vocals**

## **SIDE, CLOSE, SHUFFLE FORWARDS x 2**

- 1-2 Step left foot to side left, close RF to left foot
- 3&4 Shuffle forwards, stepping left, right, left
- 5-6 Step right foot to side right, close LF to right foot
- 7&8 Shuffle forwards stepping right, left, right

## **FORWARD ROCK, BACK LOCK STEP**

- 1-2 Rock forward on left, rock back on right
- 3&4 Step LF behind right, lock RF in front, step LF back

## **MAKE ½ TURN RIGHT, RONDE INTO JAZZ BOX**

- 1-2 Turn ½ turn right stepping forward onto RF, sweep LF over right
- 3-4 Step RF back, step left foot to left side

## **WEAVE LEFT, BEHIND SIDE CROSS**

- 1-2 Cross RF over left, step LF to side
- 3&4 Cross RF behind, step LF to side, cross RF over left

## **SWAY TO LEFT, BEHIND SIDE CROSS**

- 1-2 Rock step LF to side, swaying hips, replace weight on RF
- 3&4 Step LF behind, step right foot to side, cross LF over right

## **ROCK/SWAY RIGHT X 2 WITH ¼ TURN TO LEFT**

- 1-2 Rock right foot to side, swaying hips and turning 1/8 to left
- 3-4 Rock right foot to side, swaying hips and turning 1/8 To left

## **ROCK & REPLACE, DRAG**

- 1-2 Rock RF over LF, rock weight back on LF
- 3-4 Step large step on RF to side right, drag LF to RF (no weight)

## **ALTERNATIVE ENDING FAST - ROCK & REPLACE (x 2)**

- 1&2 Rock RF over left, replace weight on LF, rock RF to side right
- &3&4 Rock onto LF, rock RF over left, replace weight on LF, rock RF to side right, weight ends on RIGHT

**Begin again.**

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