

Tropicana

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Chris Mann (AUS) - November 2007

Musique: Love Tropicana - Sister Mayo



Or Music: I Go to Rio by Peter Allen (The Very Best of Peter Allen)

STEP, KICK BALL CHANGE, STEP

- 1 Step right forward foot
- 2&3 Kick left foot forward, step onto ball on left foot, change weight back to right foot
- 4 Step left forward foot

CROSS ROCK, SHUFFLE, CROSS ROCK, SHUFFLE

- 5-6 Rock right foot across left, recover on left foot
- 7&8 Step right foot to right side, step left foot beside right, step right foot to right side
- 1-2 Rock left foot across right, recover on right foot
- 3&4 Step left foot to left side, step right foot beside left, step left foot to left side

PADDLE TURN LEFT, PADDLE TURN LEFT

- 5-6 Step right forward foot, make $\frac{1}{4}$ turn left replacing weight on left foot
- 7-8 Step right forward foot, make $\frac{1}{4}$ turn left replacing weight on left foot

HIP BUMPS

- 1-2 Step right foot slightly forward and bump hips right, left
- 3&4& Bump hips right, left, right, left

TURN $\frac{1}{4}$ MONTEREY RIGHT

- 1-2 Touch right toe to right side, step right foot beside left making $\frac{1}{4}$ turn right
- 3-4 Touch left toe to left side, step left foot beside right

SHIMMIES

- 5-6 Step right foot to right side shimmying shoulders, step left foot beside right clapping twice
- 7-8 Step right foot to right side shimmying shoulders, step left foot beside right clapping twice

REPEAT

There is a "false ending" to "Love Tropicana" by Sister Mayo, but keep dancing through it to the real ending