

# Slowly Back

**Compte:** 44

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Gold River (IT) - May 2005

**Musique:** Just Like Love - Brad Martin

## **GRAPEVINE RIGHT, HEEL GRIND TWICE, UNWIND SPIN**

- 1-2-3 Right foot to right, left foot to right behind the right foot, right foot to right  
4-5-6 Touch left heel forward, taking weight on the left heel twist left toe to left, left foot back beside right foot  
7-8-9 Touch right heel forward, taking weight on the right heel twist right toe to right, right foot back beside left foot  
10-11-12 Left toe cross behind right foot, turn full turn on the left

## **GRAPEVINE RIGHT, KNEE UP, KNEE UP TURN ¼**

- 13-14-15 Right foot to right, left foot to right behind the right foot, right foot to right  
16-17 Left knee up moving it forward, drop left foot  
18-19 Keeping weight on the left foot: turn ¼ on the left and move the right knee up, drop right foot

## **HIP BUMPS X 3, ¼ TURN LEFT**

- 20-21-22 Hip right, hip left, hip right  
23 Keeping feet on the spot turn ¼ on the left

## **KICK BALL CHANGE TWICE, ½ PIVOT, HEEL TOUCH**

- 24&25 Kick ball change (right)  
26&27 Kick ball change (right)  
28-29 Right foot forward, turn ½ on the left  
30-31 Touch left heel forward, drop left toe

## **SHUFFLE, ½ PIVOT, KICK BALL CHANGE TWICE**

- 32&33 Shuffle (right)  
34-35 Left foot forward, turn ½ on the right  
36&37 Kick ball change (left)  
38&39 Kick ball change (left)

## **STEP, ROCKING CHAIR, ¼ TURN STEP**

- 40 Left step on the spot  
41-42-43 Right rock forward, recover on the left foot, right rock back  
44 Recover on the left foot turning ¼ on the left

**Begin again**