

Frankie Satin

Compte: 32

Mur: 1

Niveau: Beginner

Chorégraphe: Michele Perron (CAN) - August 2007

Musique: Fly Me to the Moon - Frank Sinatra



Music Selections:

(Love Is) The Tender Trap - Frank Sinatra (119 bpm)

Intro :16 Counts

Nice 'N Easy - Michael Bublé (118 bpm)

Intro :16 Counts

Sec.I (1-8) SIDE, TOGETHER, FORWARD-BRUSH, FORWARD-BRUSH (Foxtrot Basic), FORWARD/ROCK, RECOVER/BACK

- 1,2 RIGHT Step side R; LEFT Step beside R
- 3,4 RIGHT Step forward; LEFT Brush (Toe/Ball) forward
- 5,6 LEFT Step forward; RIGHT Brush (Toe/Ball) forward
- 7,8 RIGHT Rock/Step forward; LEFT Recover/Step back

Sec.II (9-16) TURN, HOLD, CROSS/ROCK, BACK/RECOVER, TURN, HOLD, FORWARD, TURN,

- 1,2 Execute 1/4 Turn R with RIGHT Step side R; HOLD (3 o'clock)
- 3 LEFT Rock/Step across front of R
- 4 RIGHT Recover/Step back
- 5,6 Execute 1/4 Turn L with LEFT Step forward; HOLD (12 o'clock)
- 7,8 RIGHT Step forward; Execute 1/2 Turn L with LEFT Step forward (6 o'clock)

Sec.III (17-24) SIDE, TOGETHER, SIDE-TOUCH, SIDE-TOUCH (Foxtrot Basic), SIDE, TOGETHER

- 1,2 Execute 1/4 Turn L with RIGHT Step side R; LEFT Step beside R (3 o'clock)
- 3,4 RIGHT Step side R; LEFT Toe/Touch beside R
- 5,6 LEFT Step side L; RIGHT Toe/Touch beside L
- 7,8 RIGHT Step side R; LEFT Step beside R

Sec.IV (25-32) BACK, BRUSH, TURN, TOGETHER, SIDE, TOGETHER, SIDE, HOLD

- 1,2 RIGHT Step back; LEFT Brush Toe/Ball back *
- * Easier Option: LEFT Toe/Touch beside R
- 3,4 Execute 1/4 Turn L with LEFT Step side L; RIGHT Step beside L (12 o'clock)
- 5,6 LEFT Step side L; RIGHT Step beside L
- 7 LEFT Stomp/Step side L (Option: add a small lunge, L Knee bend, R leg out-stretched side R)
- 8 HOLD

(take small steps to L on Counts 3,5,7)

Begin Again