Space Ride



Compte: 0 Mur: 2 Niveau: Advanced Chorégraphe: Dan McInerney (UK) - September 2007 Musique: She Wants To Movie - N.E.R.D.: (Album: Fly or Die) Starts: After 32 counts, on the words "She makes me think..." Pattern: A, B, A, B, A*, B, B, A **SECTION A - SMOOTH** TURN STEP, TURN STEP, TURN STEP, CROSS STEP Turning 1/4 R, step ball of L foot to L side, smoothly drop the L heel in place (03:00) 1, 2□ 3, 4□ Turning 1/4 R, step ball of R foot to R side, smoothly drop the R heel in place (06:00) 5. 6□ Turning 1/4 R, step ball of L foot forward, smoothly drop the L heel in place (09:00) 7,8□ Turning 1/4 R, step ball of R foot across L, smoothly drop the R heel in place (12:00) SIDE, DRAG, ROCK, RECOVER, PIVOT TURN, BUMP AND BUMP 1, 2□ Step L to L side, drag R towards L 3, 4□ Rock R foot back, recover weight forward onto L 5, 6□ Step R foot forward, pivot 1/2 turn L taking weight onto L (06:00) 7&8□ Stepping R to R side bump hips R, bump hips L, bump hips R STEP, DRAG, STEP, CROSS, HIP ROLL, HIP ROLL 1, 2□ Turning 1/4 turn L step forward onto L, drag R towards L (03:00) 3, 4□ Step R foot forward, making 1/4 turn L cross L foot over R (12:00) 5, 6□ Step R to R front diagonal, roll hips anti-clockwise as you make 1/4 turn L (weight ends on L) 7, 8□ Step R to R front diagonal, roll hips anti-clockwise as you make 1/4 turn L (weight ends on L) (06:00)HIP ROLL, HOLD, STEP, SWAY, SWAY, SWEEP CIRCLE 1, 2□ Step R to R front diagonal, roll hips anti-clockwise as you make 1/4 turn L (03:00) 3, 4□ Hold (weight should be on L), step R slightly apart from L 5, 6□ Body roll/sway to the L, Body roll/sway to the R bringing L toe in together next to R 7,8□ Keeping weight on R, draw a sweeping circle anti-clockwise with L toe, ending with L touched next to R STYLING: on hip rolls, accentuate the hip movement by raising your arms in front of and slightly above your face (as if you were putting your arms behind your head lying on your back - just put them in front instead of behind) STEP, DRAG, QUARTER, CROSS, SIDE, DRAG, TOGETHER, TURN Step L forward, drag R up to L 1, 2□ 3, 4□ Making 1/4 L step R foot to R side, step L across R (12:00) 5, 6□ Step R to R side, drag L towards R 7,8□ Drag L together next to R taking weight on L, making 1/4 R step forward R (03:00) STEP, SLOW TURN, STEP, STEP, SLOW TURN, STEP AND 1, 2□ Step L foot forward, start 1/2 pivot R (06:00) 3, 4□ Complete 1/2 turn R, step L foot forward (09:00) 5, 6□ Step R foot forward, start 1/4 turn L (07:30) Complete 1/4 turn L, step R slightly forward, making 1/4 L cross L foot slightly over R (09:00) 7,8&□

Step R foot to R side, body roll/sway to the R as you start to make a 1/4 turn L (01:30)

STEP SWAY, TURN, STEP, STEP, KICK, CROSS, UNWIND

1, 2□

	Complete 1/4 turn L stepping L forward, step R foot forward (12:00) Step L foot forward, kick R toe forward Making 1/4 L cross R across L, unwind 3/4 turn L ending with weight back on R (12:00)
1, 2□ 3, 4□ 5, 6□	Step L foot forward, make a slow 1/4 R (keeping weight on L) (03:00) Step R to R side as you rock weight over it, rock weight over onto L foot Rock weight over onto R as making a 1/4 turn R, hold (06:00) Step L foot forward, pivot 1/2 turn R (weight ends on R) (12:00)
A*: On the third pattern of A, the section ends 8 counts early. After the kick cross unwind, you'll end with weight on the R, ready to start section B.	
1, 2□ 3&4□ 5, 6□ 7&8□	ROSS AND CROSS, STEP, STEP, CROSS AND CROSS Step L foot forward, step R foot forward Making 1/4 L cross L over R, step R to R side, cross L over R (09:00) Making 1/4 R step R foot forward, step L foot forward Making 1/4 turn R cross R over L, step L to L side, cross R over L (03:00)
STYLING: See styling in section A for the hip rolls; use the same arms as you do each "cross and cross"	
ROCK, RECOV 1, 2□	ER, KICK AND SIDE, CROSS ROCK RECOVER CROSS ROCK QUARTER Rock L to L side, recover weight over onto R
3&4□	Kick L toe forward across R, step L slightly apart from R, push off L with R foot and take a big step R
7&8&□	Hold, step L in front and across R, rock R foot to R side Recover onto L, cross R in front of L, rock L to L side, making a 1/4 turn R step forward onto R (06:00)
STYLING: On co	ount 4, make it a big slide as you drag your L foot towards R for 5
1, 2□ 3, 4□ 5&6□ 7&8□	OE, HEAD, CROSS ROCK SIDE, KICK SIDE TOUCH Step L foot forward, turn R heel 1/4 turn R (keep head facing 06:00) Turn L toe 1/4 turn R, turn head and body 1/4 turn R (09:00) Rock L foot across and in front of R, recover weight onto R, step L back in place Kick R foot across L, step R to R side, touch L toe next to R ounts 5-8 keep light-footed and add a little bounce to the steps
SIDE, HITCH, S	LIDE, DRAG, ROCK AND QUARTER, PIVOT TURN
1, 2□	Rock weight onto L as you step L to L side, rock weight back onto R as you hitch L leg next to R
3, 4□ 5&6□	Step L foot to L side, drag R foot towards L (weight ends on L) Rock R foot back behind L, recover weight back onto L, make 1/4 R stepping R foot forward (12:00)
	Step L foot forward, pivot 1/2 turn R (weight ends on R) (06:00) count 3 (the slide) turn your head to the R as you slide to the L and keep facing that way until turn)