

My Cha Cha

Compte: 64

Mur: 4

Niveau: Intermediate / Advanced



Chorégraphe: Bronya Bishorek (MY)

Musique: Chacha Mu Chacha (Cha Cha Cha / 31 Bpm) - Ballroom Orchestra & Singers :
(Album : Giants of Latin Blue Midnight)

First place in Dancefuntasia 2007, Choreography Division
(Penang, June 2007)

BASIC CHA CHA, ALEMANA (UNDERARM TURN)

- 1,2,3 Step LF to left, step RF back, step LF forward
4&5 Chasse forward – R, L, R
6,7 Step LF across RF towards right diagonal (2:30), ½ turn right (7:30)
8&1 Turn to face 12:00 and shuffle left – L, R, L

¼ RIGHT, SIT WITH ATTITUDE, ROLL HIPS, ¼ LEFT, SAILOR STEP

- 2, 3 Make a ¼ turn right and step RF back, sit with weight on RF
4&5 Roll hips anti-clockwise while standing up, finish with hips pushed back
(Guys can do this with their rib cage instead)
6, 7 Step forward on LF, ¼ turn left and step RF to right
8&1 Do a sailor step to your right with your L, R, L

SAILOR STEP, WEAVE, ¼ RONDE LEFT, STEP BACK, WALK WALK

- 2&3 Do a sailor step to your left with your R, L, R
4&5 Step LF behind R, step RF to R, step LF across R
a,6 Do a ¼ left ronde with LF finishing with LF behind RF while putting weight on RF
7, 8, 1 Transfer weight to LF, walk forward R, L

HIP ROCK STEP R, HIP ROCK STEP L, ROCKING CHAIR RF, HIP ROCK STEP R

- 2&3 With RF at R diagonal, push R hip forward, back and step to R diagonal
4&5 With LF at L diagonal, push L hip forward, back and step to L diagonal
6&7&8 Step RF forward, recover weight to LF, step RF back, recover weight to LF
8&1 With RF at R diagonal, push R hip forward, back and step to R diagonal

MAMBO FORWARD, RECOVER, R COASTER BACK X 4 TO EACH WALL (ACW)

- 2&3 Rock forward on LF, recover weight on RF, step back on LF (9:00)
4&5 Step back on ball RF, bring LF next to R on ball, step forward on RF
6&7 ¼ turn left and rock forward on LF, recover weight on RF, step back on LF (6:00)
8&1 Step back on ball RF, bring LF next to R on ball, step forward on RF

2&3 ¼ turn left and rock forward on LF, recover weight on RF, step back on LF (3:00)
4&5 Step back on ball of RF, bring LF next to R on ball, step forward on RF

6&7 ¼ turn left and rock forward on LF, recover weight on RF, step back on LF (12:00)
8&1 Step back on ball of RF, bring LF next to R on ball, step forward on RF

REVERSE WEAWE R, SIDE ROCK CROSS, TOGETHER, REVERSE WEAWE L, SIDE ROCK TURN

- 2&3 Cross LF over R, step RF to R, cross LF behind R
4&5&6 Rock RF to R, recover weight on LF, cross RF behind L, step LF next to R
6&7 Cross RF over L, step LF to L, cross RF behind L
8&1 Rock LF to L, recover weight to RF, ¼ L and step LF back

CHASSE BACK RF, LF, ROCK RECOVER, STEP TAP SIDE

2&3 Chasse backwards R, L, R

4&5 Chasse backwards L, R, L

6, 7 Rock back on RF, recover weight on LF

8&1 Step forwards on RF, tap LF behind R, step LF to L (as in beginning of dance)

REPEAT AGAIN! The dance moves ACW around the floor.

ENJOY THE DANCE!
