

Poison Paradise

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Scott Blevins (USA)

Musique: Toxic (feat. Ol' Dirty Bastard & Tiggers) - Mark Ronson : (CD: Version - Clean Version - iTunes)

Count in: Start 36 counts from first beat, after he says "Oo Oo I'm burnin' up".

Step 1-8

- 1,2 Point R foot to R side, bending L knee slightly; Step R foot across and in front of L foot.
3&4 Rock L foot to L side; Recover to R foot; Step L foot across and in front of R foot.
5,6 Make a 1/4 turn R Rocking forward on R foot (facing 3 O'clock); Recover to L foot.
7&8 Make a 1/4 turn R stepping forward on R foot; Make a 1/2 turn R stepping back on L foot;
Make a 1/4 turn R stepping R foot to R side.
(This triple step is traveling R and slightly back on a diagonal)

Step 9-16

- 1,2 Walk forward on L foot; Walk forward on R foot. (This is the start of a 1/2 turn walk around to the L. You should be turning slightly left as you step on the R foot.)
3&4 Continue walking forward L-R-L to finish the half turn L. (These three steps are small steps NOT a shuffle!) (facing 9 O'clock)
5 Step R foot forward, toe out, prepping for R turn.
6&7 Make a 1/2 turn R stepping back on L foot; Make a 1/2 turn R stepping forward on R foot; Step forward on L foot.
8 Rock forward on R foot.

Step 17-24

- &1,2 Recover to L foot; Step R foot next to L foot pushing hips back; Step forward on L foot.
3&4 Rock forward on R foot; Recover to L foot; Make a 1/4 turn R stepping R foot to R side.
5,6 Step L foot across and in front of R foot; Make a 1/2 turn R stepping R foot across and in front of L foot.
7&8 Make a 1/4 turn R stepping back on L foot; Take a small step back on R foot; Step L foot back, locking over and in front of R foot.

Step 25-32

- 1,2 Make a 1/4 turn R, rocking a large step to R side; Recover to L foot.
3&4 Make a 1/2 turn L stepping R foot to R side; Step L foot across and in front of R foot; Rock a large step to R side.
5,6 Recover to L foot; Step forward on R foot.
7,8& Pivot 1/2 turn L, taking weight on L; Make a 1/4 turn L, stepping R foot to R side; Step L foot next to R foot. (facing 9 O'clock)

Begin Again and Enjoy!