Lovergirl



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Elke Weinberger (NL) **Musique:** Lovergirl - Alisha



Note: Bounce your hips throughout to enhance the high-spirited nature of the dance.

SIDE SLIDE, **BALL-**CHANGE, SIDE SLIDE, BALL CHANGE, SIDE, 1/2 RIGHT TURN, SAILOR **CROSS** 1&2 : Slide right to right, rock on ball of left behind right, recover weight onto right as you click fingers to right 3&4 : Slide left to left, rock on ball of right behind left, recover weight onto left as you click fingers to left 5-6 : Step right to right, execute ½ turn right and then step left to left 7&8 : Cross right behind left, step left to left, cross rock left

RECOVER, 3/4 RIGHT TURN, BACK COASTER, KICK-BALL-FORWARD, FULL TURN LEFT

over right

9&10: Recover weight onto left, execute 1/4 turn right and then step right forward, execute another ½ turn right and then step left back 11&12 : Step right back, step left beside right, step right forward 13&14 : Kick left forward, step left beside right, step right forward 15-16 : Pivot ½ turn left (weight ends on left), execute another ½ turn left and then step right back

SAILOR STEP, SAILOR STEP, FORWARD, **BEHIND-TAP** TWICE (WITH **INDIAN ARMS AND HEAD** THRUSTS), **BACK, CROSS-TAP TWICE** (WITH INDIAN **ARMS AND HEAD** THRUSTS) 17&18 : Cross left behind right, step right to right, step left to left 19&20 : Cross right behind left, step left to left, step right to right

21: Step left forward with left bend knee slightly forward as you push both hands forward (Fingers of both hands interlocking each other, palms facing down) &22: Tap right toes behind left heel twice. Now, pull both the interlockfingered palms in count 21 towards and underneath the chin as you thrust your head slightly forward and back twice. Each thrust should be executed in time with each tap step. 23: Step right back straightening knee up as you now bring the interlockfingered palms to form an arch above your head. &24 : Cross tap left toes over right twice. Now thrust head slightly forward and back twice. Each thrust should be executed in time with each tap

STEP, TOE AND HEEL SWITCHES, SCISSOR CROSS, SCISSOR CROSS

step.

& : Step weight onto left as you now drop both hands down to both sides 25& : Touch right toes to right, step right beside left 26& : Touch left toes to left, step left beside right

27&: Touch right heel forward, step right beside left

28&: Touch left heel forward, step left beside right 29&30: Step right to right, step left beside right, cross right over left 31&32: Step left to left, step right beside left, cross left over right

1½ RIGHT SPOT VOLTA TURN, FORWARD-BALL-STEP, BACK-BALL-STEP

33&: Execute

¼ turn right and then step right forward, step onto ball of left in place 34&: Execute ½ turn right and then step right forward, step onto ball of left in place 35&: Execute ½ turn right and then step right forward, step onto ball of left in place

36 : Execute ¼ turn right and then step right forward

For better styling, on counts 33&34&35&36, stretch both arms up (both palms facing up).

37&38: Step left forward, step right beside left, step left in place (beside right) 39&40: Step right back, step left beside right, step right in place (beside left)

1½ LEFT SPOT VOLTA TURN, FORWARD-BALL STEP, BACK-BALL-STEP

41&: Execute 1/4 turn left and then step left forward, step onto ball of right in place 42&: Execute ½ turn left and then step left forward, step onto ball of right in place 43&: Execute ½ turn left and then step left forward, step onto ball of right in place 44 : Execute 1/4 turn left and

then step left forward

For better styling, on counts 41&42&43&44, stretch both arms up (both palms facing up).

45&46 : Step right forward, step left beside right, step right in place (beside left) 47&48 : Step left back, step right beside left, step left in place (beside right)

SIDE SLIDE-BALL STEP, ½ LEFT TURN, SIDE SLIDE-BALL-STEP, ¾ **RIGHT CURVATURE TRAVELLING VOLTAS** 49&50 : Slide right to right, step on ball of left beside right, step right in place (beside left) 51&52: Execute 1/4 turn left and the slide left forward. execute another 1/4 turn left and then step on ball of right beside left, step left in place (beside right) 53&54& 55&56 : Cross right over left, step left to left, cross right over left, step left to left, cross right over left,

step left to left, cross right over

left

During counts 53&54&55&56, curve the travelling voltas gradually so that it completes a ¾ right turn.

MAMBO CROSS. **MAMBO** CROSS, **FORWARD** ROCK, ¾ LEFT **TURNING** CHASSE 57&58 : Rock left to left. recover weight onto right, cross left over right 59&60 : Rock right to right, recover weight onto left, cross right over left 61-62 : Rock left forward, recover weight onto right 63&64: Execute 1/4 turn left and then step left to left, step right beside left, execute another 1/4 turn left and then step left forward

REPEAT

RESTARTS
On the 1st and
3rd rotation,
dance till the
52nd count and
start dance
again (i.e. 2nd
and 4th rotation)
from count 1
facing 9 O?
Clock wall & 3
O? Clock wall
respectively.

On the 6th rotation, dance till the 15th count (pivot ½ left turn only), then hold 1 count on the 16th count and restart dance from count 1 facing 6 O? Clock.