

# Shuffle Your Feet's

**COPPER** **KNOB**  
BY FEET'S

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Ingemar Kardeskog (SWE) - September 2005

**Musique:** Shuffle Your Feets - Black Rebel Motorcycle Club : (Album: Howl, ECS)



## **Section 1 Walk,**

**Walk, Shuffle**

**forward, Rock,**

**Step, Triple ½**

**Turn right**

1.2 Walk L

forward, Walk R

forward

3&4 Step L

forward, &

Close R beside

L, Step L

forward

5.6 Rock R

forward,

Recover to L

7&8 Turn ¼

right stepping R

to right side, &

Close L beside

R, Turn ¼ right

stepping R

forward

## **Section 2 Pivot**

**½ right, Clap,**

**Pivot ½ right,**

**Clap, Rock,**

**Step, Sailor ¼**

**Turn left**

1.2 Turn ½ right

stepping L back,

Hold and Clap.

Easier option:

Step L forward,

Hold and Clap

3.4 Turn ½ right

stepping R

forward, Hold

and Clap.

Easier option:

Step R forward,

Hold and Clap

5.6 Rock L

forward,

Recover to R

7&8 Cross L  
behind R  
turning  $\frac{1}{4}$  turn  
left, & step R  
beside L, Step L  
slightly to left  
side.

### **Section 3**

**Cross, Clap, &  
Step, Cross,  
Clap, Side  
Rock, Behind,  
Turn  $\frac{1}{4}$  right,  
Step**

1-2& Cross R  
over L, Hold  
and Clap hands,  
& Step L to left  
side

3-4 Cross R  
over L, Hold  
and Clap hands

5-6 Rock L to  
the left side,  
Recover to R

7&8 Step L  
behind R, &  
Turn  $\frac{1}{4}$  right  
stepping R  
forward, Step L  
forward

**Section 4 Step  
 $\frac{1}{2}$  Turn Step,  
Shuffle forward,  
Rock Step,  
Triple  $\frac{3}{4}$  Turn  
right**

1&2 Step R  
forward, & Turn  
 $\frac{1}{2}$  left onto L,  
Step R forward

3&4 Step L  
forward, &  
Close R beside  
L, Step L  
forward

5.6 Rock R  
forward,  
Recover to L

7&8 Turn  $\frac{1}{2}$   
right stepping R  
slightly in place,  
& Close L  
beside R, Turn  
 $\frac{1}{4}$  stepping R  
slightly forward

**Start again and  
Enjoy!**

Music Suggestion:  
Sunshine in the  
rain by Bodies  
Without Organs  
[136 bpm]

Note: Follow  
metronome  
rhythm between  
base drum and  
handclap at 148  
bpm.

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