

Roosters Strut

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Kathy Brown (USA) & Lindy Bowers (USA)

Musique: She Rules The Roost - Leland Martin : (CD: Leland Martin)



Intro: 13 cts in on vocals

WALK LEFT, RIGHT, LEFT FWD TRIPLE, ROCK, RETURN, 3/4 RIGHT TURNING TRIPLE

- 1-2 Walk forward left, right
- 3&4 Step left forward, step right next to left, step left forward
- 5-6 Rock forward right, return left
- 7&8 Turning 1/2 right step right forward, step left next to right, turning 1/4 right step right forward

ROCK, RETURN, 1/2 TURNING LEFT TRIPLE, &CROSS, HOLD, SIDE ROCK CROSS

- 1-2 Rock forward left, return right
- 3&4 Turning 1/2 left, step left forward, step right next to left, step left forward
- &5-6 Step right next to left, cross left over right, Hold
- 7&8 Rock right to side, return left, cross right over left

STOMP, HOLD, RIGHT SAILOR, &STEP, STOMP RIGHT, HOLD, LEFT SAILOR

- 1-2 Stomp left, hold (clap)
- 3&4 Step right behind left, step left to side, step right to side
- &5-6 Step left next to right, stomp right, hold (clap)
- 7&8 Step left behind right, step right to side, step left to side

RIGHT TOE STRUT, LEFT TRIPLE, CROSS, 1/4 RIGHT TURN, 1/4 RIGHT TRIPLE

- 1-2 Step ball of right forward, step right heel down
- 3&4 Step left forward, step right next to left, step left forward
- 5-6 Cross right over left, step left back turning 1/4 right
- 7&8 Step right turning 1/4 right, step left next to right, step right forward

START OVER

There is a false ending on the song at 2:35. You can stop the dance at that point, you will be on the side rock cross, OR hold after the side rock, you will hear them pluck a guitar string 2cts, 2ct, 3cts, then the drums kick in for 8cts, start the dance on the left stomp, sailors.

gondanzn@tampabay.rr.com, 813.661.3054 or kicknboot@cfl.rr.com, 407.721.5106