

El Cuarto De Tula

Compte: 160

Mur: 1

Niveau: Improver

Chorégraphe: Lady Lace (UK)

Musique: El Cuarto de Tula - Buena Vista Social Club



Position: Start behind your partner, hold on to their waist with both hands or one hand on their shoulder. Make a large chain of dancers

SHUFFLE FORWARD, HOLD, TOUCH TO SIDE, HOLD, TOUCH TO SIDE HOLD

1-4 Step right forward, close left to right, step right forward, hold
5-6 Touch left to left side, hold
7-8 Touch left to left side, hold

SHUFFLE FORWARD, HOLD, TOUCH TO SIDE, HOLD, TOUCH TO SIDE HOLD

9-12 Step left forward, close right to left, step left forward, hold
13-14 Touch right to right side, hold
15-16 Touch right to right side, hold

17-64 Repeat above 16 counts three times

SHUFFLE FORWARD, TOUCH TO SIDE, SHUFFLE FORWARD, TOUCH TO SIDE

1-4 Step right forward, close left to right, step right forward, kick or touch left to side
5-8 Step left forward, close right to left, step left forward, kick or touch right to side

9-32 Repeat above 8 counts three times

SIDE MAMBO-CROSS, HOLD, SIDE MAMBO-CROSS, HOLD

1-4 Mambo right to side, recover, cross step right slightly in front of left, hold
5-8 Mambo left to side, recover, cross step left slightly in front of right, hold

9-32 Repeat above 8 counts three times

TOUCH FORWARD-HOLD, SIDE-HOLD, SHUFFLE FORWARD

1-2 Touch right in front of left, hold
3-4 Touch right to side, hold
5-8 Step right forward, close left to right, step right forward-hold

TOUCH FORWARD-HOLD, SIDE-HOLD, SHUFFLE FORWARD

9-10 Touch left in front of right, hold
11-12 Touch left to side, hold
13-16 Step left forward, close right to left, step left forward-hold

17-48 Repeat above 16 counts twice

REPEAT