

Uno Mas

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Kim Swan (UK) - August 2003

Musique: Uno Mas - Daniel O'Donnell : (CD: Greatest Hits)



Start Dance on the Vocal

Music Uno Momento Alla (95 bpm) by Rick Trevino from "Line Dance Fever 7"

Suggestion: By the Time I Get to Phoenix (93 bmp) by Heather Myles from Sweet Talk and Good lies CD

SECTION 1 STEP, HOLD, CROSS ROCK, ¼ TURN LEFT, CHASSE LEFT

- 1, 2 Step right to right side, Hold
- 3, 4 Cross rock left over right, Recover weight onto right
- 5, 6 Make ¼ turn left by stepping left to left side, Step right beside left
- 7, 8 Step left to left side, Step right beside left

SECTION 2 STEP, HOLD, CROSS ROCK, CROSSING STEPS, ½ TURN LEFT

- 1, 2 Step left to left side, Hold
- 3, 4 Cross rock right over left, Recover weight onto left
- 5, 6 Step right to right side, Cross left over right
- 7, 8 Step right to right side, Make ½ turn left bringing left beside right

SECTION 3 TOUCH, HOLD, SLOW COASTER, HOLD, PIVOT ½ TURN RIGHT

- 1, 2 Touch right forward, Hold
- 3, 4 Step right backwards, Step left beside right
- 5, 6 Step right forward, Hold
- 7, 8 Step left forward, Pivot ½ turn to right

SECTION 4 STEP, HOLD, ¼ TURN LEFT, ROCK FORWARD AND BACK

- 1, 2 Step left forward, Hold
- 3, 4 Step right forward, ¼ turn left (taking weight on left)
- 5, 6 Rock forward on right, Recover weight onto left
- 7, 8 Rock back on right, Recover weight onto left

END OF DANCE

CHOREOGRAPHER'S NOTE: When dancing to "Uno Mas", after completing three walls, dance sections 1, 2 and steps 1-7 of section 3. Instead of pivoting ½ turn right on step 8, make a ¼ turn right to bring you to the original wall. Start the dance again. This only happens once.

To all other music suggestions, dance the normal 32 count format (sections 1 to 4).