

# Liftin' Me Higher

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Glynn Rodgers (UK)

Musique: Higher & Higher - Jackie Wilson



Or Music: Little By Little by Nappy Brown

- 1-8 Mambo ½ Turn, Lock Step, Full Turn, Mambo Step.**  
1&2 Rock forward right, recover weight onto left, make ½ turn right stepping forward right.  
3&4 Step forward left, lock right behind left, step forward left.  
5-6 Make full turn forward stepping right-left.  
7&8 Rock forward right, recover weight onto left, step right to place.
- 9-16 Coaster Step, Pivot ¼ Turn, Cross, Chasse Left, Rock & Side Step.**  
1&2 Step back left, close right to left, step forward left.  
3&4 Step forward right, pivot ¼ turn left, cross right over left.  
5&6 Step left to left side, close right to left, step left to left side.  
7&8 Rock back right, recover weight onto left, step right to right side.
- 17-24 Weave Right, Rock & Cross, Hinge Turn, Shuffle Forward.**  
1&2 Cross left behind right, step right to right side, cross left over right.  
3&4 Rock right to right side, recover weight onto left, cross right over left.  
5-6 Make ¼ turn right stepping back left, make ¼ turn right stepping forward right.  
7&8 Step forward left, close right to left, step forward left.
- 25-32 Walk Forward, Sugar Foot, Walk Forward, Sugar Foot.**  
1-2 Walk forward right-left.  
3&4 Touch right toe to left instep, dig right heel to instep, step forward right.  
5-6 Walk forward left-right.  
7&8 Touch left toe to right instep, dog left heel to instep, step forward left.
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