

# Hit Me

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** David J. McDonagh (WLS) - February 1999

**Musique:** Baby One More Time - Britney Spears



## **SIDE SHUFFLE, CROSS SHUFFLE, ROCK STEPS**

- 1&2 Step right to right side, step left beside right, step right to right side  
3&4 Cross left over right, step right to right side, cross left over right  
5&6 Step right to right side, rock to left side, rock to right side  
&7&8 Rock to left side, rock to right side, rock to left side, rock to right side

## **SIDE SHUFFLE, CROSS SHUFFLE, ROCK STEPS**

- 9&10 Step left to left side, step right beside left, step left to left side  
11&12 Cross right over left, step left to left side, cross right over left  
13&14 Step left to left side, rock to right side, rock to left side  
&15&16 Step right to right side, rock to left side, rock to right side, rock to left side

## **SHUFFLE, SYNCOPATED ROCK STEP, SHUFFLE, SYNCOPATED ROCK STEP**

- 17&18 Step right forward, step left beside right, step right forward  
19&20 Step left forward, rock back onto right, step left back  
21&22 Step right back, step left beside right, step right back  
23&24 Step left back, rock forward onto right, step left forward

## **1/4 TURN TOUCH, SIDE TOUCH, SYNCOPATED VINE RIGHT**

- 25-26 Turn a 1/4 turn left stepping right to right side, touch left beside right clicking fingers  
27-28 Step left to left side, touch right beside left clicking fingers  
&29 Step right beside left, cross left over right  
&30 Step right beside left, cross left behind right  
&31 Step right beside left, cross left over right  
&32 Step right beside left, step left beside right.

## **REPEAT**

## **ADVANCED DANCERS ALTERNATIVE STEPS**

- 5& Point right to right side, raise/hitch right knee turning an 1/8th to the left  
6-8 Repeat counts 5& another 3 times (in total you have done a full turn left)
- 13& Point left to left side, raise/hitch left knee turning an 1/8th to the right  
14-16 Repeat counts 13& another 3 times (in total you have done a full turn right)
- 19-20 Step left forward, do a forward body roll over 2 counts rolling from front of left leg  
23-24 Step left back, do a reversed body roll over 2 counts rolling from back of left leg.