

# Marinka Polka

**COPPER KNOB**  
STEPPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Birgitta Bergkvist (SWE) - July 2007

**Musique:** Hop marinka - Atomik Harmonik



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## **FORWARD ROCK RECOVER, COASTER STEP, STEP TURN ½ RIGHT, SHUFFLE**

1-2 Rock right forward, recover to left  
3&4 Step right back, step left together, step right forward  
5-6 Step left forward, turn ½ right (weight to right)  
7&8 Step left forward, step right together, step left forward

## **SIDE ROCK RECOVER, CROSS SHUFFLE, 2X TURN ¼ RIGHT, SHUFFLE**

1-2 Rock right to side, recover to left  
3&4 Cross right over left, step left to side, cross right over left  
5-6 Turn ¼ right and step left back, turn ¼ right and step right forward  
7&8 Step left forward, step right together, step left forward

## **STEP TURN ½ LEFT, SHUFFLE, FULL TURN RIGHT, ROCK & CROSS**

1-2 Step right forward, turn ½ left (weight to left)  
3&4 Step right forward, step left together, step right forward  
5-6 Turn ½ right and step left forward, turn ½ right and step right back  
7&8 Rock left to side, recover to right, cross left over right

## **SWAY, SWAY, SHUFFLE BACK, COASTER STEP, STEP WITH CLAP, STEP WITH CLAP**

1-2 Step right to side and sway right, sway left  
3&4 Step right back, step left together, step right back  
5&6 Step left back, step right together, step left forward  
7-8 Step right forward (clap), step left forward (clap)

**REPEAT**

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