

# Adios Mi Vida

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Val Hurt (UK)

**Musique:** Adios Mi Vida, Adios - Cerrito



## **CROSS ROCK CHASSE, CROSS ROCK CHASSE ¼ TURN**

- 1-2 Cross rock right over left, recover to left  
3&4 Step right to right side, close left to right, step right to right side  
5-6 Cross rock left over right, recover to right  
7&8 Step left to left side, close right to left, make ¼ turn left stepping forward on left

## **STEP FORWARD ½ PIVOT TURN, SHUFFLE HALF TURN, ROCK BACK AND KICKBALL STEP**

- 1-2 Step forward on right ½ pivot turn left  
3&4 Make ¼ turn left stepping right to right side, close left to right, make ¼ turn left stepping right to right side  
5-6 Rock back on left, recover to right  
7&8 Kick left foot forward, step down on left, step forward on right

## **STEP TOUCH, LOCK STEP BACK, FULL TURN ROCK BACK RECOVER**

- 1-2 Step forward on left, touch right toe beside left foot  
3&4 Step back on right, lock left over right, step back on right  
5-6 Make ½ turn left stepping forward on left, make ½ turn left stepping forward on right  
7-8 Rock back on left, recover to right

## **STEP ¼ PIVOT TURN, CROSS SHUFFLE, ¼ TURN TWICE, STEP ¼ PIVOT TURN**

- 1-2 Step forward on left ¼ turn right  
3&4 Cross step left over right, step right to right side, cross step left over right  
5-6 Make ¼ turn left stepping back on right, make ¼ turn left stepping left to left side  
7-8 Step forward on right, make ¼ turn left stepping left to left side

## **REPEAT**

## **TAG**

**4 count tag to be added on the end of walls 2, 5 & 6**

- 1-4 Sway hips right, left, right, left
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