

# Ache Or Break 98

**Compte:** 56

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Trevor Smith (AUS)

**Musique:** Achy Breaky Heart - Billy Ray Cyrus



- 
- 1 Touch left heel in front  
2 Pivot  $\frac{1}{4}$  turn right on ball of right foot as you tap left toe beside right heel  
3-6 Repeat steps 1-2 three more times  
7-8 Touch left heel forward, touch left toe back  
9-10 Touch left heel forward, stomp left foot beside right
- 11&12 Shuffle backwards right-left-right  
13&14 Shuffle backwards left-right-left  
15&16 Shuffle backwards right-left-right  
17&18 Shuffle backwards left-right-left
- 21&22 Shuffle forward right-left-right  
23&24 Shuffle forward left-right-left as you turn  $\frac{1}{2}$  turn right  
25-26 Rock back onto right foot, rock forward onto left foot  
27-32 Repeat steps 21 to 26 inclusive
- 33-34 Touch right heel forward, touch right heel back  
35&36 Touch right heel forward, hitch right knee and slap with right & left hand  
37-38 Touch right heel forward, touch right heel back  
39-40 Touch right heel forward, step right foot in beside left
- 41-48 Repeat steps 33-40 with left foot
- 49-52 Turn full turn left left-right-left, touch right toe beside left and clap  
53-56 Turn full turn right right-left-right, touch left toe beside right and clap

**REPEAT**

---