

# A-Movin' & A-Groovin'

**COPPER KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Jon Levant (USA) & Gail Levant (USA)

**Musique:** Boogie Woogie Baltimore - The Charlie Daniels Band



This dance is dedicated to the members of Los Abuelos Locos Country Dancers.

## TOE, HEEL, CROSS-BALL-CROSS

1-2 Turn right toe in and touch next to left instep, turn right heel in and touch next to left instep  
3&4 Cross right foot in front of left foot, step left foot left, cross right foot in front of left foot

## TOE, HEEL, KICK-BALL-CHANGE

5-6 Turn left toe in and touch next to right instep, turn left heel in and touch next to right instep  
7&8 Kick left foot straight ahead, step on ball of left foot, step right foot in place

## ROCK STEP, COASTER STEP

1-2 Rock forward onto left foot, rock back onto right foot  
3&4 Step left foot back, step right foot next to left foot, step left foot forward

## PIVOT TURN, SHUFFLE FORWARD

5-6 Step right foot forward, turn ½ turn left onto left foot  
7&8 Step right foot forward, step left foot next to right foot, step right foot forward

## CHARLESTON STEP

1-2 Step left foot forward, kick right foot straight ahead  
3-4 Step right foot back, touch left toe back with left leg fully extended

## STEP, KICK, STOMP, STOMP

5-6 Step left foot forward, kick right foot straight ahead  
7-8 Stomp right foot, stomp left foot next to right foot

## SIDE, TOGETHER, SCISSOR STEP

1-2 Step right foot to right, step left foot next to right foot  
3&4 Step right foot to right, step left foot next to right foot, cross right foot over left foot

## SIDE, TOGETHER, SCISSOR STEP

5-6 Step left foot to left, step right foot next to left foot  
7&8 Step left foot to left, step right foot next to left foot, cross left foot over right foot

**REPEAT**

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