

Shiftwork

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Rafel Corbí (ES) - September 2007

Musique: Shiftwork - Kenny Chesney & George Strait



Intro: 32 counts

STEP, HOLD, STEP, HOLD, ROCK & BUMP, RECOVER & BUMP

- 1-2 Step right forward - hold [12:00]
- 3-4 Step left forward - hold
- 5-6 Rock right to right bumping hips slowly to right over two counts
- 7-8 Recover to left bumping hips slowly to left over two counts

STEP, HOLD, ROCK, RECOVER, TURN, HOLD, ROCK, RECOVER

- 9-10 Step right to right side - hold
- 11-12 Rock step left forward - return weight to right
- 13-14 Turning 1/4 to left step left to side - hold [9:00]
- 15-16 Rock step right forward - return weight to left

TURN, HOLD, STEPS-BRUSH FORWARD, POINT, HOLD

- 17-18 Doing a 1/2 turn right step right forward - hold [3:00]
- 19-20 Step-brush left forward, step brush right forward
- 21-22 Step-brush left forward, step brush right forward
- 23-24 Point left toe forward - hold

POINT, HOLD, ROCK, RECOVER, TURN, ROCK, RECOVER & TURN

- &25-26 Bring left beside right and point right toe forward - hold
- &27-28 Bring right beside left and then rock left forward - return weight to right
- 29-30 Doing a 1/4 turn left, step left to side - hold [12:00]
- 31-32 Rock right foot forward - return weight to left doing a 1/4 turn right [3:00]

Start again
