

I Love Those Hands

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Angela Rushing (USA) - September 2007

Musique: Rub It In - Jeff Bates : (CD: Leave the Light On)



Dance starts: 35 count intro (start on the words? Lie?)

SHIMMY 2X, ROCK RECOVER, CHASSE, L- ROCK, RECOVER, ½ TURN, CHASSE

- 1&2 Step side on right as you shimmy shoulders
- 3&4 Step side on left as you shimmy shoulders
- 5&6 Cross rock right over left, recover onto left
- 7&8 Step right to right side, close left beside right, step right to right side
- 9&10 Cross rock left over right, recover onto right
- 11&12 Step left to left side, close right beside left, making ½ left, step left to left side

KICK BALL CHANGE, R- GRAPEVINE, TOUCH

- 13&14 Right kick ball change - right, right, left
- 15&16 Repeat 13&14
- 17-20 Step right foot to side, step left foot behind right, step right foot to side, touch left next to right

SIDE TOGETHER SIDE HOLD, BACK LOCK, ROCK, CROSS, ½ TURN

- 21&22 Step left to side, step right together
- 23&24 Step left forward to side, hold
- 25&26 Step right back, lock left over right, step right back
- 27&28 Rock right foot over left, making ½ turn to the right

KICK, CROSS, KICK BACK

- 29-30 Kick left toe to the left, cross left in front of right
- 31-32 Kick right toe to the right, cross right in front of left
- 33&34 Kick left toe to the left, cross left behind right foot
- 35&36 Kick right toe to the right, cross right behind left foot
- Optional: When kicking and crossing, rub both of your hands together like you have lotion on your hands.

SHUFFLE, SHUFFLE, ¼ TURN

- 37-38 Shuffle left, right, left (in place)
- 39-40 Shuffle right, left, right (in place)
- 41-42 Shuffle left, right, left (making ¼ turn to the left while doing shuffle in place)
- 43-44 Shuffle right, left, right

HEEL JACK, HEEL JACK

- 45 Step right diagonally back right, touch left heel diagonally forward left
- 46 Close left beside right, cross right over left
- 47 Step left diagonally back left, touch right heel diagonally forward right
- 48 Close right beside left, step left slightly forward

Repeat counts 1-48 Enjoy Dancing and Have Fun!