

# Lord Of Pain

**COPPER KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Frida Axelsson (SWE) - August 2007

**Musique:** Better Man - Robbie Williams : (CD: Sing When You're Winning)



## 16 count intro

**STEP LF SIDE LEFT, ROCK RF BACK, RECOVER, SHUFFLE SIDE RIGHT TURN ¼ R, ROCK LF FWD, RECOVER, 1 ½ TURN L**

- 1 LF step left
- 2 RF rock back
- 3 LF recover
- 4 RF step right
- & LF step beside RF
- 5 RF step right, turn ¼ right
- 6 LF rock forward
- 7 RF recover
- 8 LF step back, turn ½ left
- & RF step forward, turn ½ left
- 1 LF step back, turn ½ left

**ROCK RF FWD, RECOVER, ¾ TURN L, STEP RF SIDE RIGHT, ROCK LF BACK, RECOVER, LEFT SHUFFLE TURN ½ L**

- 2 RF rock forward
- 3 LF recover
- 4 RF step back, turn ¼ left
- & LF step side left, turn ¼ left
- 5 RF turn ¼ left, step side right
- 6 LF rock back
- 7 RF recover
- 8 LF step left, turn ¼ left
- & RF step beside LF
- 1 LF step forward, turn ¼ left

**STEP RF SIDE RIGHT, SWEEP LF TURN ½ R, HITCH, CROSS, TWIST ½ TURN R, TWIST ¼ TURN L, COASTER STEP**

- 2 RF step right
- 3 LF sweep from left to right turning ½ right
- 4 LF hitch
- 5 LF cross over RF
- 6 twist and turn ½ right
- 7 twist and turn ¼ left, weight on RF
- 8 LF step back
- & RF step beside LF
- 1 LF step forward

**ROCKING CHAIR, STEP TURN ¾ L, STEP RF SIDE RIGHT, ROCK LF BACK, RECOVER**

- 2 RF rock forward
- 3 LF recover
- 4 RF rock back
- 5 LF recover
- 6 RF step forward, turn ½ left
- & LF step forward, turn ¼ left
- 7 RF step right
- 8 LF rock back
- & RF recover

