

# Almost Jamaica

Compte: 64

Mur: 2

Niveau:

Chorégraphe: Lisa Firth (AUS) & Janet Halls (AUS)

Musique: Almost Jamaica - The Bellamy Brothers



## SWAY LEFT, RIGHT, TRIPLE STEP, SWAY RIGHT, LEFT, TRIPLE STEP

- 1-2-3&4 Step left to left side, rock onto right (with sway),triple step left-right-left  
1-2-3&4 Step right to right side, rock onto left (with sway),triple step right-left-right

## FULL TURN FORWARD STEPPING LEFT, RIGHT, SHUFFLE LEFT, FULL TURN FORWARD STEPPING RIGHT, LEFT, SHUFFLE RIGHT

- 1-2-3&4 Traveling forward turn full turn left stepping left, right, shuffle forward left-right-left  
1-2-3&4 Traveling forward turn full turn right stepping right, left, shuffle forward right-left-right

## SLIDE BACK LEFT, RIGHT, COASTER STEP LEFT

- 1-2-3&4 Slide large step back on left, slide large step back on right, left foot back, step right foot beside, step forward on left

## ROCK RIGHT, LEFT, CROSS SHUFFLE, ROCK LEFT, RIGHT, ¼ TURN CROSS SHUFFLE

- 1-2-3&4 Step right foot to right side, rock onto left, travel left-cross shuffle right-left-right  
1-2-3&4 Step left foot to left side, rock back onto right turning ¼ turn left, cross shuffle back left-right-left

## TRAVELING RIGHT, STEP SIDE, BEHIND, FULL TURN, ¼ TURN TRIPLE STEP

- 1-4-5&6 Step right to side, step left behind, turning full turn right, step right-left turning a further ¼ turn right triple step right-left-right

## TRAVELING LEFT, STEP SIDE, BEHIND, FULL TURN, ¼ TURN TRIPLE STEP

- 1-4-5&6 Step left to side, step right behind, turning full turn left, step left-right turning a further ¼ turn left triple step left-right-left

## ROCK RIGHT, LEFT, CROSS SHUFFLE, ½ TURN LEFT, CROSS SHUFFLE, ½ TURN RIGHT, CROSS SHUFFLE

- 1-2-3&4 Step right to right, rock onto left, travel left-cross step right-left-right  
5&6 Turning ½ turn left cross shuffle left-right-left  
7&8 Turning ½ turn right cross shuffle right-left-right

## TWIST RIGHT TURNING ½ TURN LEFT, TWIST LEFT TURNING ¼ TURN RIGHT, COASTER STEP

- 1-2-3&4 Twist both heels to right turning ½ turn left, twist both heels to left turning ¼ turn right, step right foot back, step left foot beside right, step right foot forward

## SHUFFLE FORWARD LEFT, PIVOT ½ TURN LEFT, CHA-CHA FORWARD RIGHT-LEFT-RIGHT, THEN LEFT-RIGHT-LEFT

- 1&2-3-4 Shuffle forward left-right-left, step forward right, pivot ½ turn left  
1&2-3&4 Cha-cha forward right-left-right, cha-cha forward left-right-left

## ROCK RIGHT, LEFT, HINGE ½ TURN RIGHT TRIPLE STEP RIGHT-LEFT-RIGHT

- 1-2-3&4 Step right to right, rock onto left, hinge turn ½ turn right stepping right-left-right

## REPEAT