

Alive

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Marianne van Dorst (NL)

Musique: I'm Alive - Céline Dion



SHUFFLE FORWARD, ROCK STEP, TURNING SHUFFLE (TWICE)

- 1&2 Right shuffle forward
- 3 Step left forward and rock
- 4 Right step on the place
- 5&6 Left shuffle backwards with ½ turn left
- 7&8 Right shuffle forward with ½ turn left

ROCK STEP, SHUFFLE FORWARD, TURN, SYNCOPATED SIDE STEPS, SIDE ROCK

- 9 Left step behind and rock
- 10 Right step on the place
- 11&12 Left shuffle forward
- & Step right forward, turn ¼ left
- 13 Left cross behind right
- & Right step to the right side
- 14 Left cross in front of right
- 15 Right step to the right and rock
- 16 Left step on the place

SAILOR STEP, SAILOR STEP WITH ¼ TURN, STEP, ¼ PIVOT TURN, SHUFFLE FORWARD

- 17 Right cross behind left
- & Left step to the left side
- 18 Right step on the place
- 19 Left cross behind right
- & Right step to the right side
- 20 Left step on the place, turn ¼ left
- 21 Step right forward
- 22 Turn ¼ left
- 23&24 Right shuffle forward

TURN, SYNCOPATED SIDE STEPS, SIDE ROCK, CROSS LOCK, UNWIND, HEEL-BALL-CROSS

- & Step left forward, turn ¼ right
- 25 Right cross behind left
- & Left step to the left side
- 26 Right cross in front of left
- 27 Left step to the left side and rock
- 28 Right step on the place
- 29 Left cross in front of right (lock)
- 30 Turn ½ right (unwind)
- 31 Right touch heel forward
- & Right step next to left
- 32 Left cross in front of right

SIDE ROCK, CROSS SHUFFLE TO LEFT, CHASSE LEFT, SAILOR STEP

- 33 Right step to the right side and rock
- 34 Left step on the place
- 35&36 Right cross shuffle to left

37&38 Left shuffle to the left side
39 Right cross behind left
& Left step to the left side
40 Right step on the place

SAILOR STEP WITH ¼ TURN, STEP, ¼ PIVOT TURN, HEEL-BALL-CROSS, SIDE ROCK

41 Left cross behind right
& Right step to the right side
42 Left step on the place, turn ¼ left
43 Step right forward
44 Turn ¼ left
45 Right touch heel forward
& Right step next to left
46 Left cross in front of right
47 Right step to the right side and rock
48 Left step on the place

REPEAT
