

Alien Boogie

Compte: 36

Mur: 4

Niveau: Intermediate

Chorégraphe: Jamie Milne

Musique: Men In Black - Will Smith



Jamie was age 10 when this dance was written

SIDE SHUFFLE, ROCK STEP, HEEL DIGS, SIDE SHUFFLE

- 1&2 Step left foot to left side, step right beside left, step left foot to left side
- 3-4 Rock back on right foot, rock forward onto left
- 5-6 Touch right heel forward twice
- 7&8 Step right foot to right side, step left beside right, step right foot to right

ROCK STEP, HEEL DIG, SHUFFLE BACK, ROCK STEP

- 9-10 Rock back on left foot, rock forward onto right
- 11-12 Touch left heel forward, step left back in place
- 13&14 Step back on right, step left beside right, step back on right
- 15-16 Rock back on left, rock forward onto right

LEFT SHUFFLE FORWARD, STOMPS, KNEE SWAYS

- 17&18 Step forward on left, step right beside left, step forward on left
- 19-20 Stomp right foot, stomp left foot
- 21 With knees together swing knees to right
- 22 With knees together swing knees to left

RIGHT GRAPEVINE WITH ¾ TURN, ROCK BACK, RIGHT SHUFFLE FORWARD

- 23-24 Step right on right foot, cross left behind right
- 25-26 Step right on right foot, pivot ¾ turn right and step back on left
- 27-28 Rock back on right, rock forward on left
- 29&30 Step forward on right, step left beside right, step forward on right

STOMP LEFT, STOMP RIGHT, ARM & KNEE SWINGS

- 31-32 Stomp left, stomp right
- 33-36 Swing arms and knees out and in simultaneously for 4 counts

REPEAT

Repeat counts 1-36 five times, plus counts 1-28 again. Then dance the following

BOUNCES, WALK FORWARD, WALK BACK, NECK MOVES

- 1-8 With feet together bounce from right to left for 8 counts
- 9-10 Step right on right foot, slide left beside right
- 11-12 Step left on left foot, slide right beside left
- 13-14 Step right on right foot, slide left beside right
- 15-16 Step left on left foot, slide right beside left
- 17-20 Walk forward, right, left, right, touch left beside right
- 21-24 Walk back left, right, left, stomp right beside left
- 25-28 Stand straight and move neck forward and back for 4 counts
- 29-32 Point left foot and left hand to left side and hold for 3 counts