

# Ain't No Man

**COPPER** KNOB  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Alan Haywood (UK)

**Musique:** Ain't No Man - Dinah Carroll



## RIGHT KICK BALL STEP, HIP BUMPS LEFT-RIGHT-LEFT, RIGHT KICK BALL STEP, HIP BUMPS LEFT-RIGHT-LEFT

- 1&2 Kick right forward, step right next to left, step left forward  
3&4 Bump hips diagonally forward left-right-left (weight ending on left)  
5&6 Kick right forward, step right next to left, step left forward  
7&8 Bump hips diagonally forward left-right-left (weight ending on left)

## SIDE, BEHIND & HEEL & CROSS, ¼ RIGHT, RIGHT BACK, LEFT COASTER

- 1-2 Step right to right side, cross step left behind right  
&3 Step right to right side, touch left heel diagonally forward  
&4 Step left next to right, cross step right over left  
5-6 Make ¼ turn right stepping left back (3:00) step right back  
7&8 Step left back, right back, step left forward

## RIGHT SHUFFLE FORWARD, CROSS FULL TURN, RIGHT FORWARD SHUFFLE, LEFT MAMBO

- 1&2 Step right forward, close left to it, step right forward  
3-4 Cross step left over right, on ball of left pivot full turn right hitching right  
5&6 Step right forward, close left to it, step right forward  
7&8 Rock forward onto left, recover onto right, left back

## RIGHT BACK, ½ LEFT, RIGHT FORWARD SHUFFLE, SIDE ROCK, RECOVER, BEHIND AND ACROSS

- 1-2 Step right back, pivot ½ left stepping left forward (9:00)  
3&4 Step right forward, close left to it, step right forward  
5-6 Rock left to left side, recover weight onto right  
7&8 Cross step left behind right, right to right side, cross step left over right

## REPEAT

## TAG

At the end of wall 4, facing 12:00, add 16 count tag as follows:

### 2 X MONTEREY TURN

- 1-2 Point right to right side, pivot ½ turn right, stepping right next to left  
3-4 Point left to left side, step left next to right  
5-6 Point right to right side, pivot ½ turn right, stepping right next to left  
7-8 Point left to left side, step left next to right

## ROCK, RECOVER, RIGHT BACK SHUFFLE, ROCK BACK RECOVER LEFT FORWARD SHUFFLE

- 1-2 Rock forward right, recover left  
3&4 Step right back, close left to it, step right back  
5-6 Rock back left, recover weight onto right  
7&8 Step left forward, close right to it, step left forward

When using alternative music, no tag required