

# Amen

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Willie Brown (SCO)

**Musique:** Can I Get an Amen - Shannon Brown



## **CROSS ROCK, SIDE SHUFFLE, CROSS, BACK, ¼ SHUFFLE**

- 1-2 Cross rock right across left, recover weight back on left  
3&4 Step right to right, step left beside right, step right to right side  
5-6 Cross left over right, step back on right  
7&8 Make ¼ turn left stepping forward left, step right beside left, step forward left

## **HEEL SWITCHES X3, HOOK, HEEL, COASTER STEP, ½ PIVOT**

- 9&10&11 Touch right heel forward, quickly step right in place, touch left heel forward, quickly step left in place, touch right heel forward  
&12 Hook right heel across left shin, touch right heel forward  
13&14 Step right foot back, step left beside right, step forward right  
15-16 Step forward left, pivot ½ turn right ending with weight on right

## **CROSS, SIDE, BEHIND SIDE CROSS, POINTX2, HEEL SPLITS, HITCH**

- 17-18 Cross left in front of right, step right to right side  
19&20 Cross left behind right, step right to right side, cross left in front of right  
21&22& Point right to right side, quickly step in place, point left to left side, quickly step in place  
23&24 Split heels apart, bring heels together, hitch right knee up

## **COASTER STEP, ROCK AND SIDE, SAILOR STEPX2**

- 25&26 Step back right, step left beside right, step forward right  
27&28 Rock forward left, recover back on right, step left to left side  
29&30 Cross right behind left, step left to left side, step right to right side  
31&32 Cross left behind right, step right to right side, step left to left side

### **Alternative steps:**

- 31&32 Cross left behind right, unwind full turn left sweeping right to front with weight still on left

## **REPEAT**

## **RESTART**

On 4th wall dance up to count 15 (step forward left) then on count 16 (½ pivot right) keep weight on left foot to restart the dance facing home wall