

# BJ Shuffle

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Sharon Brizon (UK) - 1998

Musique: Blanket on the Ground - Billie Jo Spears



**Intro: 8 counts on the word "window"**

## RIGHT SHUFFLE FORWARD, LEFT HIP BUMPS X 2

- 1&2 Step forward on right foot. Step left foot beside right. Step forward on right.  
3&4 Bump hips left- right- left.  
5-8 REPEAT Counts 1-4

## SHUFFLE BACKWARDS X 4 (RIGHT, LEFT, RIGHT, LEFT)

- 9&10 Step back on right foot. Step left foot beside right. Step back on right.  
11&12 Step back on left foot. Step right foot beside left. Step back on left.  
13&14 Step back on right foot. Step left foot beside right. Step back on right.  
15&16 Step back on left foot. Step right foot beside left. Step back on left.

## STEP, SLIDE, CHA CHA CHA (R & L)

- 17-18 Step right to right side. Slide left next to right (weight on left).  
19&20 Step right - left - right (on the spot)  
21-22 Step left to left side. Slide right next to left (weight on right).  
23&24 Step left- right- left (on the spot)

## SIDE SHUFFLES (R & L)/STEP, ¼ TURN, ROCK & TOUCH

- 25&26 Step right to right side. Step left beside right. Step right to right side.  
27&28 Step left to left side. Step right beside left. Step left to left side.  
29-30 Make a 1/4 turn right, stepping right forward. Step left foot beside right.  
31&32 Rock right to right side. Recover weight onto left. Touch right beside left.

## REPEAT

**TAG - After the 4th wall only, when you are facing 12 o'clock, dance the following 8 counts:**

- 1 - 4 Walk forward right- left- right and kick left  
5 - 8 Walk backward left- right- left and touch right

**Then Restart the dance at the front wall.**

This dance was choreographed by me during a P&O cruise around the Canaries in Oct. 1998, as a request by the featured guest star, Billy-Jo Spears. She asked to be taught the dance, and danced it!

Contact: [sharon.brizon@ntlworld.com](mailto:sharon.brizon@ntlworld.com)

Last Update - 21st July 2016