

Atomic Bomb

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Sharon Walton (UK)

Musique: I Want Your Love - Atomic Kitten



RIGHT ROCK, SAILOR STEP, SAILOR STEP WITH ¼ TURN LEFT, STEPS FORWARD TWICE

- 1-2 Rock right to right side, rock left to left side
- 3&4 Step right behind left, step left to left side, step right next to left
- 5&6 Step left behind right, step right to right side, step forward left while making ¼ turn left
- 7-8 Step forward right, step forward left

SYNCOPATED HEEL SWITCHES X 4 WITH ¼ TURN RIGHT, STEPS FORWARD TWICE, THIGH SLAP, SHOULDER POPS

- 9&10 Touch right heel forward, step right beside left, touch left heel forward
- &11&12 Step left beside right, while making ¼ turn right touch right heel forward, step right beside left, touch left heel forward
- 13-14& Step left back slightly, step right next to left, slap hands on thighs (feet should be slightly apart and knees should be bent)
- 15 Pop right shoulder out to right, extending right elbow slightly
- 16 Pop left shoulder out to left, extending left elbow slightly

SYNCOPATED RIGHT GRAPEVINE, RIGHT ROCK, CHASSE LEFT

- 17-18 Step right to right side, step left behind right
- &19-20 Step right to right side, cross left over right, step right to right side
- 21-22 Rock back on left, rock forward on right
- 23&24 Step left to left side, step right beside left, step left to left side

HITCH TURNS LEFT X 4, KICK BALL POINT, HIP ROLL

- &25 Hitch right knee making a small turn left, touch right to right side
- &26&27&28 Repeat steps &25 3 more times to complete a ¾ turn left
- 29&30 Kick right foot forward, touch right in place, point left to left side
- 31-32 Roll left hip to the left for 2 counts

ROCK, SHUFFLE BACK, ROCK, SHUFFLE FORWARD

- 33-34 Rock forward on left, rock back onto right
- 35&36 Step back left, step right next to left, step back left
- 37-38 Rock back on right, rock forward onto left
- 39&40 Step forward right, step left next to right, step forward right (while rocking back & forward, make full use of your hips to compliment the music)

LEFT ROCK, BEHIND & CROSS, RIGHT ROCK, STOMPS TWICE WITH 'ELVIS' STYLE KNEES

- 41-42 Rock left to left side, rock right to right side
- &43-44 Step left behind right, step right to right side, cross left over right
- 45-46 Rock right to right side, rock left to left side
- 47 Stomp right beside left (with right knee facing left diagonal)
- 48 Stomp left beside right (with left knee facing right diagonal)

REPEAT

TAG

After the 4th wall only

LEFT HEEL JACK & CROSS, RIGHT HEEL JACK & CROSS

- &1 Step small step back right, touch left heel to left diagonal
 - &2 Step left next to right, cross right over left
 - &3 Step small step back left, touch right heel to right diagonal
 - &4 Step right next to left, cross left over right
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