

# Are You Ready

Compte: 32

Mur: 0

Niveau:

Chorégraphe: Chris Hodgson (UK)

Musique: Are You Ready For Love (feat. The Detroit Spinners) - Elton John



## **FORWARD MAMBO, BACK ROCK, LOCK FORWARD, STEP-¼-CROSS**

- 1&2 Step forward on right, rock weight back onto left, step right next to left  
3-4 Step back on left, rock weight forward onto right  
5&6 Step forward on left, lock right behind left, step forward on left  
7&8 Step forward on right, pivot ¼ turn left, cross step right over left

## **SIDE-BEHIND, CHASSE, CROSS-ROCK-SIDE, ½ TURN CHASSE**

- 1-2 Step left to left side, cross right behind left  
3&4 Step left to left side, step right next to left, step left to left side  
5&6 Cross right over in front of left, rock weight back onto left, step right to right side  
7&8 ½ turn right on ball of right stepping left to left side, step right next to left, step left to left side

## **SAILOR STEP, BEHIND-¾ UNWIND, STEP-¼ TURN, CROSS SHUFFLE**

- 1&2 Cross right behind left, step left slightly to left, step right slightly to right  
3-4 Cross left toe behind right heel, unwind ¾ turn left (weight ends on left)  
5-6 Step forward on right, pivot ¼ turn left  
7&8 Cross step right over left, step left to left side, cross step right over left

## **CHASSE, BACK & SIDE, BEHIND-SIDE-CROSS, SIDE-½ HINGE TURN**

- 1&2 Step left to left side, step right next to left, step left to left side  
3&4 Step back on right, rock weight forward onto left, step right to right side  
5&6 Step left behind right, step right to right side, cross step left over in front of right  
7-8 Step right to right side, ½ hinge turn left on ball of right stepping left to left side

## **REPEAT**

## **RESTART**

Dance 4 complete walls, then dance up to count 16, then restart the dance from count 1

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