

# Are You?

**Compte:** 60

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Larry Majors (USA) & Altie Majors (USA)

**Musique:** Are You Jimmy Ray? - Jimmy Ray



## **FOUR HIP-WALKS FORWARD LEFT-RIGHT-LEFT-RIGHT**

- 1&2 Step forward on left foot at left angle and swing hips (left, right, left)  
3&4 Step forward on right foot at right angle and swing hips (right, left, right)  
5-8 Repeat at left angle and right angle

## **ROCK STEP FORWARD LEFT - ROCK BACK RIGHT & SHUFFLE BACKWARD LEFT RIGHT LEFT**

- 1-2 Step forward on left foot-rock back on right  
3&4 Shuffle backwards left, right, left

## **ROCK STEP BACKWARDS RIGHT-ROCK FORWARD ON LEFT & SHUFFLE IN PLACE RIGHT LEFT RIGHT**

- 5-6 Step backwards on right foot-rock forward on left  
7&8 Step home right, left, right

## **SIDE WALK TO RIGHT-HEEL TOUCHES-CHA, CHA, CHA**

- 1-4 Make ¼ turn right and cross walk left right left right (step left over right, step right over left etc.)  
5-6 Touch left heel forward a left angle twice  
7&8 Step left foot home while turning ¼ turn to left (you will be facing beginning wall) step right, left

## **SIDE WALK TO LEFT - HEEL TOUCHES, CHA, CHA, CHA**

- 1-4 Make ¼ turn left as you step right foot to the left and crosswalk left-right-left  
5-6 Touch right heel forward twice  
7&8 Step right foot home while turning ¼ turn to right (you will be facing beginning wall) step left, right

## **CROSS-UNWIND-HIP BUMPS**

- 1-2 Cross left leg over right-unwind ½ turn to the right (you will be facing rear wall)  
3&4 Bump hips right-center-left (these are fast bumps) - butt thing!!  
5-6 Cross left leg over right-unwind ½ turn to the right (you will be facing beginning wall)  
7&8 Bump hips right-center-left (these are fast bumps) - butt thing!!

## **LEG SWEEPS-WITH ATTITUDE & BODY BUMPS**

- 1-4 Sweep left foot out in a counter clock wise circular motion-ending with left foot next to right-place weight to left foot  
5-8 Sweep right foot out in a clock wise circular motion, ending with right foot next to left-weight on both feet

## **HOP BACK-CROSS UNWIND-HIP WIGGLES**

- 1-2 Hop backwards twice  
3-4 Cross left foot over right unwind ½ turn to right  
5-6 Push hips left-right - while rolling shoulders back left then right  
7&8 Push hips left, right, left - while rolling shoulders left, right, left

## **KICK-CROSS-¼ TURN-WALK-WALK**

1-2 Make  $\frac{1}{4}$  turn left as you kick your left foot out to the side-cross left over right knee (you will be facing a new wall)

3-4 Walk forward left-right

**REPEAT**

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