

# Band Of Gold

**Compte:** 72

**Mur:** 1

**Niveau:** Improver

**Chorégraphe:** Marina Girardi

**Musique:** Band of Gold - Freda Payne



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- 1-4 Making  $\frac{3}{4}$  turn right, step right, left, right, touch left next to right  
5-8 Making  $\frac{3}{4}$  turn left, step left, right, left, touch right next to left
- 1-4 Step diagonally forward on right, touch left next to right, rock forward on right rock left in place  
5-8 Step right  $\frac{1}{4}$  right touch left next to right, step left  $\frac{1}{4}$  left step right next to left
- 1-4 Step diagonally forward on left, touch right next to left, rock forward on left rock right in place  
5-8 Step left  $\frac{1}{4}$  left touch right next to left, step right  $\frac{1}{4}$  right step left next to right
- 1-4 Walk forward on right, forward on left, forward on right, kick left  
5-8 Step back on left, touch right toe back, step forward on right, kick left (Montana kick)
- 1-4 Walk back on: left, right, left, touch right next to left  
5-8 Step forward on right, two hip bumps (forward, back, forward, back)
- 1-4 Step right to right, cross left over right, step right to right, step left in place  
5-8 Step forward on right, step left in place, step right  $\frac{1}{2}$  turn right, step left next to right
- 1-4 Step right to right, cross left over right, step right to right, step left in place  
5-8 Step forward on right, step left in place, step right  $\frac{1}{2}$  turn right, step left next to right
- 1-4 Walk forward twisting your hips: step right in front of left, step left in front of right, repeat  
5-8 Step back on right, step back on left, shuffle back right, left, right
- 1-4 Step back on left, step right in place, triple step left, right, left  
5-8 Rock forward on right, step left in place, rock back on right, step left in place

**REPEAT**

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