

# Ballymore

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Fulvio Durazza (AUS)

**Musique:** The Boys From Ballymore - Sham Rock



## **½ TURN RIGHT, ½ TURN RIGHT, ½ TURN SHUFFLE, TOUCH DROP, RAISE, STEP, TOUCH, JUMP, TOUCH**

- 1-2 Turning ½ turn right step forward onto right foot, turning ½ turn right step back onto left foot  
3&4 Turning ½ turn right shuffle forward right-left-right  
5&6 Touch left toe behind right foot as you do this bend right knee as if you are dipping down, straighten right knee, step left to left  
7&8 Touch right toe behind left foot, jump onto right to right side, touch left toe behind right

## **BALL JACK, JUMP, STEP, STEP, ½ PIVOT, SHUFFLE FORWARD, SAMBA FORWARD**

- &1&2 Jump back onto left, touch right heel forward, jump onto right, step forward onto left  
3-5&6 Step forward onto right, pivot ½ turn left, shuffle forward right stepping right-left-right  
7&8 Traveling slightly forward - rock onto left to left side, rock onto right to right side, cross left over right

## **¼ TURN LEFT BALL JACK, JUMP, SCUFF, SAMBA FORWARD, ¼ TURN RIGHT BALL JACK, JUMP, SCUFF, STEP, STOMP**

- &1&2 Turning ¼ turn left jump back onto right, touch left heel forward, jump onto left, scuff right forward  
3&4 Traveling slightly forward - rock onto right to right side, rock onto left to left side, cross right over left  
&5&6 Turning ¼ turn right jump back onto left, touch right heel forward, jump onto right, scuff left forward  
7-8 Step forward onto left, stomp right together keeping weight on left

## **SIDE SHUFFLE, CROSS UNWIND, SAILOR SHUFFLE, BEHIND, ¼ TURN, STEP**

- 1&2 Shuffle to right side stepping right-left-right  
3-4 Cross left over right, unwind ½ turn right taking weight onto left  
5&6 Sailor shuffle - step right behind left, step left to left side, step right to right side  
7&8 Step left behind right, turning ¼ turn right step forward onto right, step forward onto left

**REPEAT**

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