

# Badonkadonk

Compte: 64

Mur: 2

Niveau: Intermediate east coast swing



Chorégraphe: Ben Summerell (AUS)

Musique: Honky Tonk Badonkadonk - Trace Adkins

## INTRO

When you hear the song say "here she comes" listen for the words "left, left, left right left". When this happens, do as Trace says (There are only 7 counts and count 8 is the start of the dance)

- 1-4 Touch left forward, hitch left knee, touch left forward, hitch left knee
- 5-6-7 Step left forward, step right forward, step left forward

## THE MAIN DANCE

### RIGHT SHUFFLE, ROCK, RECOVER, LEFT SHUFFLE, ROCK, RECOVER

- 1&2 Step right to side, step left together, step right to side
- 3-4 Rock left behind right, recover to right
- 5&6 Step left to side, step right together, step left to side
- 7-8 Rock right behind left, recover to left

### RIGHT JAZZ BOX, HEELS FORWARD, STEP BACK

- 1-2-3 Step right diagonally forward, step left to side, step right to home
- 4&5 Step left together, step right heel diagonally forward, step left heel to side
- 6&7 Click fingers, step right to home, step left together
- 8 Bounce both heels and click fingers beside waist

### RIGHT SHUFFLE FORWARD, STEP ½ RIGHT, LEFT SHUFFLE FORWARD, STEP ½ LEFT

- 1&2 Step right forward, step left together, step right forward
- 3-4 Step left forward, turn ½ right (weight to right)
- 5&6 Step left forward, step right together, step left forward
- 7-8 Step right forward, turn ½ left (weight to left)

### JUMP FORWARD, CLAP, JUMP FORWARD, CLAP, STOMP, CLAP X 4

- &1-2 Step right forward, step left together, clap
- &3-4 Step right forward, step left together, clap

### Curve ¼ left over counts 1-4

- 5& Stomp right forward, clap
- 6& Stomp left forward, clap
- 7& Stomp right forward, clap
- 8& Stomp left forward, clap

### KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

- 1-2 Kick right forward, kick right to side
- 3&4 Step right back, step left together, step right forward
- 5-6 Kick left forward, kick left to side
- 7&8 Step left back, step right together, step left forward

### STEP, SLAP, STEP, SLAP, STEP ½ PIVOT, STEP ¼ PIVOT

- 1-2 Step right forward, hitch left knee

### Slap left thigh with right hand

- 3-4 Step left forward, hitch right knee

### Slap right thigh with left hand

- 5-6 Step right forward, turn ½ left (weight to left)
- 7-8 Step right forward, turn ¼ left (weight to left)

**TOE STRUT, CROSS STRUT, STEP, CROSS STEP, CROSS, STEP, CROSS, STEP**

- 1-2 Step right toe to side, drop right heel
- 3-4 Cross/touch left toe over right, drop left heel
- 5-6 Step right to side, cross left over right
- &7 Step right to side, cross left over right
- &8 Step right to side, cross left over right

**½ MONTEREY TURN, RIGHT APPLEJACK SHUFFLE**

- 1-2 Touch right to side, turn ½ right and step right together
- 3-4 Touch left to side, step left together
- 5& Swivel right heel and left toe to the right, swivel right toe and left heel to the right
- 6&7&8& Repeat 5& three more times

**REPEAT**

**ALTERNATIVE TO APPLEJACK SHUFFLE**

- 5& Twist both heels to right, twist both toes to right
  - 6&7&8& Repeat 5& three more times
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