Back To Basics



Compte: 32 Mur: 2 Niveau: Improver

Chorégraphe: Michelle Secor

Musique: Kiss This - Aaron Tippin



TOE POINTS, SWEEP, CHANGE WEIGHT

Touch right toe forward, touch right toe to right
Side bring right foot next to left, point left toe to left
Bring left foot next to right, point right toe to right

&5-6 Bring right foot in, point left to left side, point left forward

7-8 Sweep left foot around and behind right foot, take weight bringing right heel up

SHUFFLE FORWARD, STEP BACK AND TOUCH, KICK AND POINT, KICK AND POINT

1&2 Shuffle forward right-left-right

3-4 Step back on left, touch right foot in front of left

5&6 Kick right foot forward, bring right next to left, point left to left
7&8 Kick left foot forward, bring left next to right, point right to right side

CROSS, TURN, SAILOR, SAILOR, STEP, PIVOT

1-2 Cross right over left, unwind half turn left keeping weight on left

3&4 Sailor step (right, left, right)5&6 Sailor step (left, right, left)

7-8 Step forward on ball of right foot, pivot ¼ turn to left

PADDLE 1/4 TURN, JAZZ BOX

&1 Pull right knee up, make a ¼ turn to left and point right toe right &2 Pull right knee up, make a ¼ turn to left and point right toe right &3 Pull right knee up, make a ¼ turn to left and point right toe right

&4& Stay facing same wall bring right knee up, point to right side, bring knee up

5-6 Cross right foot over left, step back on left7-8 Step right foot to right, step left next to right

REPEAT