Back And Forward

Compte: 64	**Mur:** 2	**Niveau:** Improver	

Chorégraphe: Jan Wyllie (AUS)

Musique: Swingin' Doors - Martina McBride

SHUFFLE ROCK ROCK, SHUFFLE ROCK ROCK

1&2-3-4	Shuffle forward left, right, left, rock forward on right, rock back on left
5&6-7-8	Shuffle back right, left, right, rock back on left, rock forward on right

STEP SCUFF STEP SCUFF, STEP SCUFF STEP SCUFF

9-12	Step forward on left, scuff right forward, step forward on right, scuff left forward
13-16	Step forward on left, scuff right forward, step forward on right, scuff left forward

ROCK ROCK STEP HOLD, ROCK ROCK STEP TOUCH

17-20	Rock forward on left, rock back on right, step back on left, hold
21-24	Rock back on right, rock forward on left, step forward on right, touch left beside right

STEP TOGETHER STEP TOUCH, STEP TOGETHER STEP TOUCH

25-28	Step left to left, step right beside left, step left to left, touch right beside left
29-32	Step right to right, step left beside right, step right to right, touch left beside right

STEP SLIDE STOMP STOMP, STEP SLIDE STOMP STOMP

33-36	Big step to left on left, slide right to left keeping weight on left, stomp right beside left twice (weight right)
37-40	Big step to left on left, slide right to left keeping weight on left, stomp right beside left twice (weight right)

ROCK RETURN ROCK RETURN, ROCK RETURN ROCK ACROSS RETURN

41-44	Rock left to left, rock/return weight to right, rock left behind right, rock/return weight to right
45-48	Rock left to left, rock/return weight to right, rock/step left across right, rock/return weight to right

¼ ROCK RETURN SHUFFLE BACK, STEP TOUCH TOUCH TOUCH

49-50	Making ¼ turn left rock forward on left, rock back on right
51&52	Shuffle back left, right, left
53-56	Step back on right, touch left toe beside right, touch left toe to left side, touch left toe beside right

STEP LOCK STEP HOLD, STEP PIVOT ¼ STEP HOLD

57-60	Step forward on left, lock/step right behind left, step forward on left, hold
61-64	Step forward on right, pivot ¼ left transferring weight to left, step forward on right, hold

REPEAT

RESTART
There are 2 restarts. The first one is on the 3rd wall (facing front) after count 16. The second one is on the 6th wall (facing front) after count 40.