

Before You Dance

Compte: 32

Mur: 2

Niveau: Improver social cha

Chorégraphe: Charles Gauthier (FR)

Musique: Before You Lie - Chely Wright



LEFT SLIDE, LEFT TRIPLE STEP, KICK, HOOK (¼ TURN), TRIPLE STEP

- 1 Slide step left foot on left side
- 2 Step right foot to left
- 3&4 Left side triple step (left, right, left)
- 5 Right foot kick (on left diagonal)
- 6 Hook (with right foot & turn ¼ right)
- 7&8 Triple step forward (right, left, right)

STEP TURN ½, TRIPLE STEP, STEP TURN ½, TRIPLE STEP (½ TURN)

- 1 Step left forward
- 2 Right turn ½ (weight on right foot)
- 3&4 Left triple step forward
- 5 Step right forward
- 6 Left turn ½
- 7&8 Right triple step (½ turn left)

BACK ROCK STEP, TRIPLE STEP, FULL TURN, TRIPLE STEP

- 1 Left foot behind right foot
- 2 Weight on right foot
- 3&4 Triple step forward (left, right, left)
- 5-6 Left full turn (right forward, left)
- 7&8 Triple step forward (right, left, right)

STEP TURN ½, TRIPLE STEP, STEP TURN ¾, TRIPLE STEP

- 1 Step left forward
- 2 Right turn ½ (weight on right foot)
- 3&4 Triple step forward (left, right, left)
- 5 Step right forward
- 6 Left ¾ turn (weight on left foot)
- 7&8 Triple step forward (right, left, right)

REPEAT
