

Be Prepared

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Ross Brown (ENG)

Musique: Be Prepared - Original Cast Of The Lion King



POINT FORWARD RIGHT, LEFT, ROCK FORWARD, COASTER STEP

- 1-2 Point right foot forward, place right next to left
- 3-4 Point left foot forward, place left next to right
- 5-6 Rock forward with right, recover onto left
- 7&8 Step back with right, place left next to right, step forward with right

POINT FORWARD LEFT, RIGHT, ROCK FORWARD, COASTER STEP

- 9-10 Point left foot forward, place left next to right
- 11-12 Point right foot forward, place right next to left
- 13-14 Rock forward with left, recover onto right
- 15&16 Step back with left, place right next to left, step forward with left

HALF BOX, WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE, ROCK FORWARD

- 17-18 Cross step right over left, step back onto left turning an eighth right
- 19-20 Walk forward right, left. (facing 130)
- 21&22 Step forward with right, bring left up to right, step forward with right. (facing 1:30)
- 23-24 Rock forward with left, recover onto right

TURNING SHUFFLE, ROCK, WEAVE, POINT, CROSS STEP

- 25&26 Step left turning to the left an eighth left, step right next to left turning a ¼ left, step left turning to the left another ¼
- 27-28 Rock right to the right, recover onto left
- 29&30 Step right behind left, step left to the left, step right over left
- 31-32 Point left to the left, step left over right

(STEP, DRAG)TWICE, ROLLING VINE

- 33-34 Step right a big step right, drag left up to right
- 35-36 Repeat steps 33-34
- 37-40 Step left turning to the left ¼, step forward with right turning a half left, step back onto left turning ¼ left, touch right next to left

(STEP, DRAG)TWICE, ROLLING VINE

- 40-48 Repeat steps 33-40

MONTEREY TURN, RIGHT HEEL FORWARD, LEFT HEEL FORWARD, RIGHT TOE BACKWARD, LEFT HEEL FORWARD

- 49-50 Touch right to the right, bring right back into left turning a half right
- 51-52 Touch left to the left, place left next to right
- 53&54& Touch right heel forward, place right next to left, touch left heel forward, place left next to right
- 55&56& Touch right toe backward, place right next to left, touch left heel forward, place left next to right

MONTEREY TURN, RIGHT HEEL FORWARD, LEFT HEEL FORWARD, RIGHT TOE BACKWARD, LEFT HEEL FORWARD

- 57-64 Repeat steps 49-56

REPEAT

