

Be Happy

Compte: 32

Mur: 2

Niveau:

Chorégraphe: Fran Thomas (USA)

Musique: I Just Wanna Be Happy - Gloria Estefan



WALK FORWARD; SHUFFLE FORWARD; ROCK - RECOVER; ½ TURN LEFT SHUFFLE

- 1-2 Walk forward right ..left
- 3&4 Shuffle forward right-left-right
- 5-6 Rock forward on left, recover on right
- 7-8 Turn ½ left while shuffling left-right-left

REPEAT STEPS 1 THRU 8

- 1-8 Repeat 1-8

LINDY RIGHT; LINDY LEFT

- 1&2 Shuffle to the right, right-left-right
- 3-4 Rock back on left, recover on right
- 5&6 Shuffle to the left, left-right-left
- 7-8 Rock back on right, recover on left

CROSS ROCK - RECOVER; SHUFFLE TURNING ½ RIGHT; HIP BUMPS

- 1-2 Cross rock right over left, recover on left
- 3&4 Shuffle right-left-right while turning ½ to the right
- 5-6 Step onto left with a hip bump, and hip bump to right
- 7&8 Hip bumps left-right-left

REPEAT
