

# Be Gentle With Me

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Tina Lincoln (UK)

**Musique:** Gentle Warm And Kind - Merv & Maria



- 
- |       |  |
|-------|--|
| 1-2   | Right step to right side, step left foot beside right foot   |
| 3&4   | Right step to right, step left foot beside right foot, right step to right   |
| 5-6   | Left foot cross rock over right foot, rock back onto right foot  |
| 7&8   | Step left foot to left, step right foot beside left, step left foot ¼ turn to left   |
| 9-10  | Right foot step forward, turn ½ turn to left   |
| 11&12 | Right foot step forward turning ¼ turn left, bring left foot beside right, step right foot forward turning ¼ turn left (right shuffle ½ turn left) |
| 13-14 | Left foot rock back, rock forward onto right   |
| 15&16 | Step left foot forward, step right foot beside left, step left foot back (left forward coaster step)   |
| 17-18 | Right foot rock back, rock forward onto left foot  |
| 19&20 | Step right foot forward, step left foot beside right, step right foot back (right forward coaster step)  |
| 21-22 | Step left foot back, turn ½ left over left shoulder  |
| 23&24 | Right foot step forward. Left foot step beside right, right foot step forward  |
| 25-26 | Left foot step forward, pivot ½ turn to the right  |
| 27&28 | Step left foot forward, step right beside left, step left foot forward   |
| 29&30 | Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)  |
| 31&32 | Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)  |

**REPEAT**

---