

Be Gentle With Me

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Tina Lincoln (UK)

Musique: Gentle Warm And Kind - Merv & Maria



- 1-2 Right step to right side, step left foot beside right foot
3&4 Right step to right, step left foot beside right foot, right step to right
5-6 Left foot cross rock over right foot, rock back onto right foot
7&8 Step left foot to left, step right foot beside left, step left foot ¼ turn to left
- 9-10 Right foot step forward, turn ½ turn to left
11&12 Right foot step forward turning ¼ turn left, bring left foot beside right, step right foot forward turning ¼ turn left (right shuffle ½ turn left)
13-14 Left foot rock back, rock forward onto right
15&16 Step left foot forward, step right foot beside left, step left foot back (left forward coaster step)
- 17-18 Right foot rock back, rock forward onto left foot
19&20 Step right foot forward, step left foot beside right, step right foot back (right forward coaster step)
21-22 Step left foot back, turn ½ left over left shoulder
23&24 Right foot step forward. Left foot step beside right, right foot step forward
- 25-26 Left foot step forward, pivot ½ turn to the right
27&28 Step left foot forward, step right beside left, step left foot forward
29&30 Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)
31&32 Right kick forward, step down onto ball of right foot, step on left foot (right kick ball change)

REPEAT
