

Be Bop A Lula

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Larry Bass (USA)

Musique: Be Bop a Lula - Scooter Lee



WALK, WALK, TOUCH TOE & TOE, & TOE & TOE, & ROCK STEP

- 1-2 Step right forward; step left forward
- 3& Touch right behind left heel, step right slightly back
- 4& Touch left to right instep, step left slightly forward
- 5& Touch right behind left heel, step right slightly back
- 6& Touch left to right instep, step left slightly forward
- 7-8 Step right forward; rock back onto left

RIGHT BACKWARD ROLLING TURN, COASTER STEP; BOOGIE WALK

- 9-10 Rolling ½ turn backward right, step right forward; rolling ½ turn backward right, step left back
- 11&12 Step right back, step left beside right, step right forward
- 13 Step ball of left forward while twisting left heel outward
- 14 Step ball of right forward while twisting right heel outward
- 15 Step ball of left forward while twisting left heel outward
- 16 Step ball of right forward while twisting right heel outward

KICK-BALL-CROSS, SIDE ROCK STEP; & CROSSOVER, SIDE, SAILOR STEP

- 17&18 Kick left forward, step left beside right, step right across left
- 19-20 Step left to left side; rock right onto right
- & Step left beside right
- 21-22 Step right across left; step left to left side
- 23&24 Step right behind left, step left to left side, step right diagonally forward to right

CROSSOVER, HOLD, & CROSSOVER, ¼ TURN, SLIDE STEPS, COASTER STEP

- 25-26 Step left across right; hold
- & Step right slightly to right
- 27-28 Step left across right; turn ¼ turn left while stepping right back
- 29-30 Slide left back while popping right knee forward; slide right back while popping left knee forward
- 31&32 Step left back, step right beside left, step left forward

REPEAT
